



**United Way**  
Guelph Wellington  
Dufferin

**UNITED WAY FUNDED PROGRAMS**

# **DIRECTORY 2017**



## Change starts here.

*Every day, programs and services funded by United Way Guelph Wellington Dufferin help our families, our friends, our neighbours.*

*These programs are for everyone in our community, from infants to seniors; from Aberfoyle to Mount Forest to Shelburne. They are programs many of us hope we'll never need to call on, but are thankful for when needs arise.*

*The generosity of thousands of donors and volunteers allows United Way to fund the essential programs outlined in this directory.*

*Thank-you all for your ongoing support. Together, we are making **change start here.***



Ken Dardano, Executive Director  
United Way Guelph Wellington Dufferin

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# Funding - Priority Areas

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With research provided by United Way's Community Investment department and on-site program visits, the Fund Allocation Committee ensures that your donated dollars go where they are needed most. Funds are allocated to programs in the three focus areas outlined below.

## *From Poverty to Possibility*

- *Housing Stability*
- *Food Security*
- *Employment and Financial Security*

## *All That Kids Can Be*

- *Engagement in Learning*
- *Connectedness and Community Involvement*
- *Emotional and Physical Wellbeing*

## *Strong Communities*

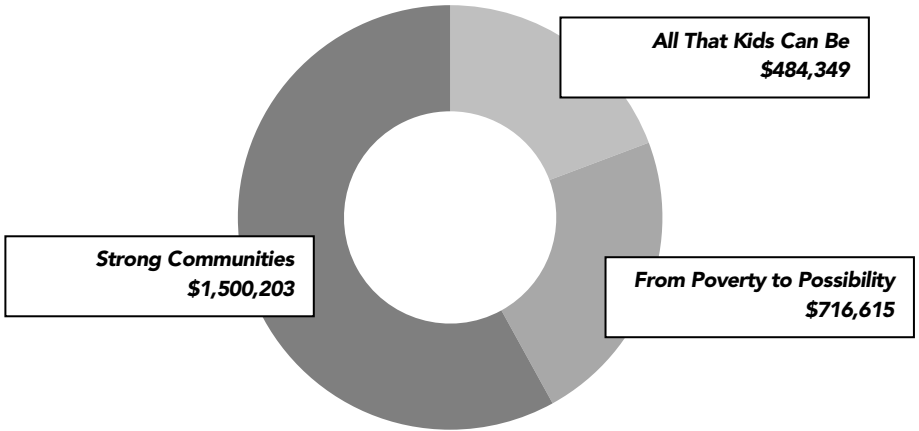
- *Connection to Supports*
- *Neighbourhood and Community Engagement*
- *Personal Wellbeing and Safety*

# United Way Program Funding Summary

(Funds distributed to programs April 1, 2017 to March 31, 2018)

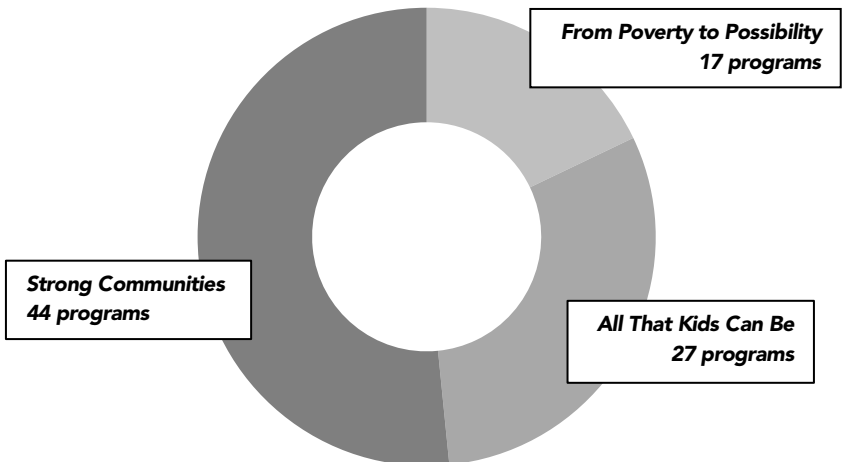
## Fund Allocation by Focus Area

By Dollars



## Fund Allocation by Focus Area

By Program





# Funded Programs by Agency

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## Action Read Community Literacy Centre

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8 Cork Street East  
Guelph, ON N1H 2W8  
www.actionread.com

Tel: (519) 836-2759  
Fax: (519) 836-7020  
action1@on.aibn.com

### Early Start Family Literacy

**Allocation: \$18,000**

The Early Start Family Literacy program targets parents/caregivers and children ages 0 to 6, and includes hands-on activities that teach adults about how children learn and helps families discover learning opportunities in everyday routines. The program helps children develop early literacy and numeracy skills, get comfortable in social settings and make successful transitions into formal education.

### Educational Supports for Disadvantaged Adults

**Allocation: \$45,140**

The Educational Supports for Disadvantaged Adults program improves skills in the areas of reading, writing, numeracy, verbal communication, working with others and computer use for individuals who experience a wide range of significant barriers and learning challenges. This program helps build and develop the skills and competencies of individuals to achieve their personal goals for employment, further education, training and independence.

**Total Allocation: \$63,140**

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## Alzheimer Society Waterloo Wellington

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69 Huron Street  
Guelph, ON, N1E 5L6  
www.alzheimer.ca/ww

Tel: (519) 836-7672  
Fax: (519) 742-1862  
asww@alzheimerww.ca

### Rural Outreach Services

**Allocation: \$10,000**

The Rural Outreach Services program is implemented to address the isolation associated with Alzheimer's disease or dementia, while enhancing and broadening access to specialized services (such as group education meetings, caregiver support groups and individual counselling services) in the rural Wellington County area. The program seeks to create more opportunities to empower individuals living with dementia and their care partners to better define quality of life for themselves after diagnosis, to reduce stereotypes and to improve access to available resources.

**Total Allocation: \$10,000**

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## **ARCH: HIV/AIDS Resources and Community Health**

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89 Dawson Rd., Unit 115  
Guelph, ON, N1H 1B1  
www.aidsguelph.org

Tel: (519) 763-2255  
Fax: (519) 763-8125  
director@archguelph.ca

### **HIV/AIDS Prevention & Support Program**

**Allocation: \$25,000**

The HIV/AIDS Prevention & Support Program is designed to provide confidential counselling and practical support to individuals and families who are affected by or at risk of HIV/AIDS. Compassionate support and accurate information to assist people affected by HIV/AIDS is provided to help in managing their health and making informed decisions, improving quality of life and well-being.

**Total Allocation: \$25,000**

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## **Autism Ontario – Wellington County Chapter**

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www.autismontario.com

autismontariowellington@gmail.com

### **Summer Funding Program**

**Allocation: \$14,000**

The Summer Funding program provides subsidies for families to send their children with an Autism Spectrum Disorder (ASD) to a summer program or to have a one-on-one worker for their child in order for them to partake in camp activities. It gives caretakers a much needed break and allows children with autism to engage in socialization. Additionally, it gives the siblings of the ASD children the much needed one-on-one time with their caregivers, since their focus is usually mainly on the ASD child due to their special needs.

**Total Allocation: \$14,000**

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## **Big Brothers Big Sisters of Centre Wellington**

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195 St. David Street South, Second Floor  
Fergus, ON, N1M 2L3  
www.bigbrothersbigsisters.ca/centrewellington  
centrewellington@bigbrothersbigsisters.ca

Tel: (519) 787-0106  
Fax: (519) 787-1409

### **Match Program**

**Allocation: \$12,000**

The Match Program provides friendship and guidance to children and youth aged 5-18, who need support in their lives from a positive adult. In this program, children who spend time with a mentor gain confidence, acquire new skills and interests, and develop an enhanced capacity to care for others. Big/Little time together may be weekly or bi-weekly and involves a wide range of activities depending on their interests.

**Total Allocation: \$12,000**

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## **Big Brothers Big Sisters of Dufferin & District**

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32 First Street, Suite L1  
Orangeville, ON L9W 2E1  
www.bigbrothersbigsisters.ca/dufferin

Tel: (519) 941-6431  
Fax: (519) 942-8731  
nancy.stallmach@bigbrothersbigsisters.ca

### **Match Program**

**Allocation: \$12,500**

The Match program pairs a child with a Big Brother or Big Sister. The child benefits immensely from regular weekly meetings that build self-esteem and trust. Through this relationship of friendship and positive role modeling, the mentor reduces the emotional distress of the child and guides the child to make more positive life choices. In many cases, this relationship allows the child to navigate their way out of poverty and into a life with greater opportunities.

### **In-School Mentoring**

**Allocation: \$5,000**

The In-School Mentoring program matches children with a caring adult mentor for one hour each week, right at their school. By spending one-on-one time, the program encourages friendships and builds self-esteem through activities such as crafts, games and sports.

**Total Allocation: \$17,500**

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## **Big Brothers Big Sisters of Guelph**

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285 Woolwich St.  
Guelph, ON, N1H 3V8  
www.bbbsg.ca

Tel: (519) 824-5154  
Fax: (519) 824-6156  
infoguelph@bigbrothersbigisters.ca

### **Big Bunch Group Program**

**Allocation: \$24,722**

The Big Bunch Program provides services to boys and girls who are waiting to be matched with their Big Brother or Big Sister. It also serves those children who would benefit from a positive male or female role model and peer interaction with other children.

### **In-School Mentoring Program**

**Allocation: \$11,400**

The In-School Mentoring Program provides children at local schools with a positive adult role model. Each child is matched 1-1 to a mentor with similar interests and a compatible personality. The match then participates in mutually enjoyable and interesting activities for one hour per week during school hours and on school property.

### **Match Program**

**Allocation: \$69,312**

The Match Program provides children with a role model and a friend to talk to and share the experiences of growing up. Through regular outings, a relationship is developed, built on trust and common interests.

### **School-Based Group Programs**

**Allocation: \$15,000**

The Go Girls! program is a group mentoring program for girls aged 12-14 that focuses on physical activity, balanced eating and creating positive self-esteem. The single, most important goal of the program is to positively shape the lives of young women and girls by helping them build a positive self-image and setting them on a path to reach their full potential in life. Game On! is a group mentoring program providing boys and young men with information and support to make informed choices about a range of healthy lifestyle practices. Through non-traditional physical activities, complemented with healthy eating support, participants are engaged in life skills, communication, and emotional health discussions designed to engage participants in the pursuit of life-long healthy lifestyles. The Play On! Program is a unique program, providing the same services as the Go Girls! Program, but is directed at girls in Grades 5 and 6.

**Total Allocation: \$120,434**

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## **Big Brothers Big Sisters of North Wellington**

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110 Wellington St. E., P.O. Box 1311  
Mount Forest, ON N0G 2L0  
www.bbbsnorthwellington.org

Tel: (519) 323-4273  
Fax: (519) 323-4359  
marianne.christie@bigbrothersbigsisters.ca

### **Go Girls and Game On**

**Allocation: \$3,000**

The Go Girls and Game On programs are group programs for girls and boys in Grade 7 & 8 that operate for 7 weeks. The participants learn new life skills and information in the area of physical activities, healthy eating and self-esteem. The Game On program provides information and supports to boys and young men to make informed choices about a range of life-long healthy lifestyle practices. In the Go Girls program, the participants are also informed about making healthy choices and by conveying the message that being active can still be fun. As a result, the girls become equipped to incorporate these values into their lives.

### **In-School Mentoring Program**

**Allocation: \$4,000**

The In-School Mentoring Program matches children with a caring adult mentor for one hour each week, right at their school. By spending one-on-one time, the program encourages friendships and building self-esteem through multiple activities. The program strives to provide a role model and a friend for at risk girls and boys; promote the importance of staying in school and healthy relationships with family and peers; instill trust and self-confidence in order to make healthy decisions; encourage leadership skills and independent thinking; and above all, make a difference while having fun.

### **Match Program**

**Allocation: \$20,680**

The Match Program is where a volunteer Big Brother, Big Sister or a Couple is matched to a child or youth. Each week, the Big/Little meets once per week for two to four hours. While together, they explore the community, try new activities, and learn new skills. The Big and Little build a trusting friendship together that supports the healthy development of the Little, bringing out his/her full potential. The mentoring program provides role models and mentors for at risk girls and boys. These relationships instill trust and self-confidence in the child.

**Total Allocation: \$27,680**

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## **Breaststrokes Dragon Boat Team**

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PO. Box 25116, 370 Stone Road West  
Guelph, ON, N1G 4T4  
www.breaststrokes.org

Tel: (519) 265-0571  
info@breaststrokes.org

### **Breaststrokes Dragon Boat Team**

**Allocation: \$3,850**

The Dragon Boat Team is designed to promote awareness of health, life and laughter after breast cancer. Team members celebrate life through the pursuit of fitness and wellness, mutual support, community philanthropy, and competition in Dragon Boat Festival races: locally, nationally and internationally. Breaststrokes believes any person with breast cancer who wishes to dragon boat paddle should have that opportunity, because together, they are all winners! The goal is to honour the memory of those who have died of breast cancer and spread a message of hope to all people living life after a breast cancer diagnosis. This team consists of energetic, motivated, forward thinking women who have all experienced breast cancer first-hand and paddle to support each other and to stay strong.

**Total Allocation: \$3,850**

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## **Canadian Hearing Society**

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120 Ottawa St. N., Suite 200  
Kitchener, ON, N2H 3K5  
www.chs.ca

Tel: (519) 744-6811  
Fax: (519) 744-2390  
info@chs.ca

### **Hearing Care Counselling Program**

**Allocation: \$7,200**

The Hearing Care Counselling program provides counselling services, including home visits, education, demonstrations and recommendations of communication devices. The program helps seniors stay safely and independently at home, improves communication with family and friends and helps them stay involved in activities.

### **Information Services & Community Development**

**Allocation: \$8,600**

The Information Services & Community Development program provides information to the general public on hearing health care, including prevention and accessibility. This is a proactive program designed to prevent and aid in hearing loss. The program helps to break down barriers so people can participate in the community and be independent.

**Total Allocation: \$15,800**

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## **Canadian Mental Health Association: Waterloo Wellington Branch**

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80 Waterloo Ave.  
Guelph, ON N1H 0A1  
www.cmhaww.ca

Tel: 1-800-264-2993  
Fax: (519) 821-6139  
fwagner@cmhawwd.ca

### **Mental Health Promotion & Education Services** **Allocation: \$28,180**

The Mental Health promotion and Education Services Program works to help decrease stigma and prejudice related to mental health and mental health issues. Training, workshops and awareness activities are provided that relate to understanding and responding to mental health struggles, while enhancing personal development, skills, and knowledge.

### **Spark of Brilliance** **Allocation: \$27,210**

The Spark of Brilliance program is a community-based mental health initiative that promotes healing, recovery and discovery through the expressive arts. Workshops are open to people living with mental health and/or addiction issues and their supportive allies. The program offers creative programming in safe, nonjudgmental and welcoming environments, where adults with a lived experience of mental health and/or addictions issues are free to express themselves creatively, where the focus is not on disability, but on strengths and ability. Spark of Brilliance is helping to bust stigma, raise awareness and educate the broader community about mental health issues.

### **YouthTALK** **Allocation: \$24,500**

The YouthTALK program is based on youth engagement principles, where youth have the support of adult mentors to learn about mental health, suicide, coping strategies and resources and create activities to share this knowledge with their peers. With the support of adult mentors in the school and the YouthTALK facilitator, the plan for youth is to create and implement activities that focus on self-care, resilience, promoting good mental health, and seeking help from trusted adults when needed.

☎ **Crisis Line: 1-844-HERE-247 (437-3247)**

**Total Allocation: \$79,890**

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## Canadian National Institute for the Blind

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Suite 201-151 Frederick Street  
Kitchener, ON, N2H 2M2  
www.cnib.ca

Tel: (519) 742-3536  
Fax: (519) 742-4003  
info@cnib.ca

### **Children & Youth Services (Beyond the Classroom)      Allocation: \$12,875**

The Child and Youth Services program offers one-on-one visits in the home or community to help a child, who is blind or partially sighted, and their family in order to learn skills necessary to compensate for vision loss. This may include self-care, age-appropriate cooking skills, exploration of options to participate in sports and recreational activities, encouragement of literacy skills, and instruction in use of technology. In addition to skill attainment, the visits focus on helping families to understand that a full and rewarding life is still entirely possible for their child, and on helping them to set appropriate expectations for their child.

### **Library Services      Allocation: \$5,091**

The Library Services program acquires, produces, and distributes published works in alternative formats to Canadian public libraries and provides public libraries with advice, training, and information to support their patrons' access to and use of these collections. Library patrons have access to more than 300,000 items in accessible formats including audio, braille, and electronic text. CNIB staff inform clients about the available technology and teach them how to download materials to a computer, handheld device and/or DAISY CD Player.

### **Vision & Rehabilitation Services      Allocation: \$17,997**

The Vision Rehabilitation Services consists of three main services, including Low Vision Services, Independent Living Services and Orientation and Mobility Services. The three services aid individuals to make the most of their remaining vision, to build everyday skills and confidence to live independently, and learn how to travel and navigate safely on their own.

### **Volunteer Services      Allocation: \$10,000**

The CNIB Volunteer program supports all aspects of the organization, from leadership to peer support and administration. Volunteers facilitate peer support groups that help individuals with vision loss to share their concerns, challenges and successes. Service Support Volunteers work with clients to reinforce skills taught by service specialists. Vision Mate Volunteers (in a one-to-one long term match) provide sighted assistance to a person who is blind or partially sighted. Activities may include reading, computer assistance, shopping, recreation assistance, community access, going for walks and friendly visiting.

**Total Allocation: \$45,963**



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## Centre Wellington Food Bank

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105 Queen Street W., Unit 11  
Fergus, ON, N1M 1S6  
www.cwfoodbank.org

Tel: (519) 787-1401  
Fax: (519) 787-2391  
info@cwfoodbank.org

### Healthy Fresh Food Program

**Allocation: \$12,000**

The Healthy Fresh Food program provides free groceries and other basic supplies (one week's supply, once a month) to low income and at-risk individuals and families in the community. Additional products including meat and dairy are also purchased (one week's supply, once a month) and available to individuals and families who use the service. This program also prepares over 350 fresh wholesome meals on a monthly basis for their clients.

**Total Allocation: \$12,000**

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## Chalmers Community Services Centre

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42 Carden Street  
Guelph, ON N1H 3A2  
www.chalmerscentre.ca

Tel: (519) 822-8778  
community@chalmerscentre.ca

### Food Pantry

**Allocation: \$30,000**

The Food Pantry program provides nutritious emergency food and support to members of our community. The program does not require means testing, which allows community members to access food every other week, if needed, without having to provide proof of eligibility of income. The Food Pantry is open at the Downtown location on Wednesdays and Fridays and at the West End location on Thursdays. The program serves a wide variety of individuals including youth, seniors, families, children, couples, students, low income employed, marginally housed, those struggling with mental illness and addictions, and people living with disabilities.

**Total Allocation: \$30,000**

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## **Child Witness Centre**

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111 Duke Street East  
Kitchener, ON, N2H 1A4  
www.childwitness.com

Tel: (519) 744-0904  
Fax: (519) 744-5379  
admin@childwitness.com

### **Child Witness Program**

**Allocation: \$8,750**

The Child Witness Program provides support through the court process for children, youth and their families, who are victims or witnesses of crime. They are provided with information about their case and the judicial system, accompanied to court and supported through the process. During the course of the relationship with the child and the family, they are assessed to see what other supports they may require during and after the court process. The program also connects them to services in the community that meet their unique needs.

**Total Allocation: \$8,750**

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## **Community Engagement & Global Citizenship, Student Life**

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Student Life, University of Guelph  
158-50 Stone Road East  
Guelph, ON, N1G 2W1

Tel: (519) 824-4120 x52782  
Fax: (519) 824-2705  
www.studentlife.uoguelph.ca

### **Project Serve**

**Allocation: \$4,500**

The Project Serve Day offers the opportunity for university students to volunteer for a half-day with a community organization and to tangibly connect their academic experience to civic engagement pursuits. The event strives to equally benefit both the students and the community agencies. Students learn more about the community in which they now live, and have the opportunity to develop skills and civic values through more long-term engagement; while local organizations receive practical assistance and the opportunity to recruit new volunteers.

**Total Allocation: \$4,500**

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## **Community Resource Centre of North & Centre Wellington**

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P.O. Box 442  
Fergus, ON, N1M 3E2  
www.communityresourcecentre.org

Tel: (519) 843-7000 OR (866) 840-3249  
Fax: (519) 827-2122  
info@communityresourcecentre.org

### **Outreach and Support Program, Information & Referral Service**

**Allocation: \$103,809**

The Outreach and Support program offers community based information, resources, and supports to low-income individuals in Centre Wellington,

Wellington North, Minto, and Mapleton Townships. The focus of the program is to support individuals in need in the community, while promoting self-sufficiency and community involvement. The program facilitates activities including income tax completion, Christmas hamper distribution, recreation programs for youth, emergency funding to support rent and hydro arrears, and the distribution of school back-packs to students. They also provide a transportation program that assists those with no other means of getting to vital family or individual appointments.

**Total Allocation: \$103,809**

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## **Dufferin Child and Family Services**

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655 Riddell Road  
Orangeville, ON L9W 4Z5  
www.dcafs.on.ca

Tel: (519) 941-1530  
Fax: (519) 941-1525  
jennifer.moore@dcafs.on.ca

### **LGBT Youth Group**

**Allocation: \$3,500**

The LGBTQ Youth Group hosts a weekly drop-in night for LGBTQ youth, between the ages of 14-21 years. A safe, positive space is provided, where youth can express themselves, discuss topics of interest, enjoy social activities, and develop leadership and advocacy skills. The program works to help young LGBTQ youth support each other in an anti-oppressive, non-judgmental atmosphere, where they can be themselves and support one another as they grow into adulthood.

**Total Allocation: \$3,500**

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## **Dufferin Parent Support Network**

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655 Riddell Road  
Orangeville, ON L9W 4Z5  
www.dpsn.ca

Tel: (519) 940-8678  
Fax: (519) 941-1525  
info@dpsn.ca

### **Group Parenting Education**

**Allocation: \$8,500**

The Group Parenting Education program offers a series of parenting programs that promotes the development of children into well-rounded, productive adults by supporting and educating parents and providing opportunities to form positive community connections. Workshop topics are determined by community needs and program requests. Some topics include communication, discipline, anger management, single parenting, advocacy and managing emotions.

**Total Allocation: \$8,500**

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## **Dunara Homes for Recovery**

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329 Gordon St.  
Guelph, ON N1G 1X7  
www.dunara.com

Tel: (519) 836-2332  
ybowes@dunara.com

### **Wellington Guelph Hoarding Response**

**Allocation: \$15,000**

The Wellington Guelph Hoarding Response promotes a harm reduction approach to hoarding, focusing on the health, safety and comfort of the person struggling with hoarding. Through continued public education and client support, the program provides assistive services to clients living with the disease to reduce harm, and live safely and comfortably in their homes.

**Total Allocation: \$15,000**

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## **East Wellington Community Services**

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45 Main Street, P.O. Box 786  
Erin, ON, N0B 1T0  
www.eastwellingtoncommunityservices.com

Tel: (519) 833-9696  
Fax: (519) 833-7563  
info@ew-cs.com

### **Food Bank**

**Allocation: \$22,500**

East Wellington Community Services operates two foodbanks, one in Guelph/Eramosa Township and the other in the Town of Erin. The food banks provide short-term food support to families and individuals who are financially unable to meet their basic food requirements. This program helps improve the daily lives of families by providing a balanced level of nutrition, while contributing to their overall health and well-being.

### **Client Services**

**Allocation: \$45,727**

The Client Services program is the local resource which provides information and support to clients over the phone, through email or in person about health, accessible services and programs that are available in East Wellington. This program is not only a local resource for clients, it also provides the community with information and referral services that link residents to local supportive community services and community-based programs. This also includes outside services and agencies such as soccer sign-ups and doctors.

### **Community Outreach**

**Allocation: \$35,000**

The Community Outreach program addresses the need to have a comprehensive and holistic program for families and individuals within the rural areas, towns and hamlets of East Wellington to connect them with appropriate program, services and/or to advocate on their behalf where required and appropriate to do so.

**Volunteer Program****Allocation: \$19,500**

The Volunteer Development program builds the organization's capacity to manage volunteers effectively and appropriately. This includes the development of successful practices around recruitment, screening, training and volunteer recognition, in addition to leadership training to ensure the volunteer manager is equipped with up-to-date knowledge of best practices. A volunteer management structure serves as a framework for carrying out the agency's volunteer program.

**Total Allocation: \$122,727**

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**Family & Children's Services of Guelph and Wellington County**

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275 Eramosa Road, Box 1088  
Guelph, ON, N1H 6N3  
www.fcsgw.org

Tel: (519) 824-2410 OR (800)-265-8300  
Fax: (519) 763-9268  
info@fcsgw.org

**Nurturing Neighbourhood Initiatives****Allocation: \$50,000**

The Nurturing Neighbourhood Initiative (NNI) is an active partnership between the Guelph Neighbourhood Support Coalition, Public Health, the Guelph Community Health Centre, Guelph Police, Canadian Mental Health Association, the City of Guelph and both school boards. These partners are engaged with Neighbourhood Groups in discussions about how to have a more efficient and effective impact in the most vulnerable neighbourhoods in Guelph. There are currently two projects that are part of the NNI; (1) the development of the Community Hubs project in the Brant Avenue Neighbourhood and, (2) The Parent Outreach Worker Program that connects families with the supports they need.

**Total Allocation: \$50,000**

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**Family Counselling & Support Services for Guelph Wellington**

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109 Surrey Street East  
Guelph, ON, N1H 3P7  
www.familyserviceguelph.on.ca

Tel: (519) 824-2431 OR (800) 307-7078  
Fax: (519) 824-3598  
info@familyserviceguelph.on.ca

**Financial Health & Literacy Services****Allocation: \$65,000**

The Financial Health and Literacy program provides one-on-one counselling to families and individuals burdened by financial stress/debt. Clients are provided with a non-judgmental and thorough financial assessment, where options are generated to address their financial difficulty. Budget counselling and financial literacy education is also provided, with specialized financial literacy counselling programs available to vulnerable clients such as abused women.

**Subsidized Counselling Program****Allocation: \$40,664**

The Subsidized Counselling program provides short-term therapeutic counselling services to individuals, couples and families who do not have access to such services. The program's social workers, marriage & family therapists, and master level interns are supervised by core staff with extensive training in all areas, to ensure high quality service. Clients are provided with a clear and defined assessment, treatment plan with connections to informal supports, internal programs and to other community supports in order to ensure success. This service focuses on eliminating accessibility issues faced by many due to affordability.

**Walk-In Counselling Services****Allocation: \$60,978**

Walk-In Counselling Services is a unique program providing a walk-in counselling service to anyone in the community (individuals, families and couples) needing support for mental health care needs. This is a single session model providing immediate support and treatment planning. Individuals who are unable to attend the scheduled Walk-In day are accommodated by scheduling sessions at a time and date that works for them (aka Booked Walk-In). Further, FCSSGW has a group for Mood and Communication as a cost effective way to meet the top two issues identified by Walk-In clients.

**Total Allocation: \$166,642**

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**Give Yourself Credit**

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275 Eramosa Road  
Guelph, ON, N1H 6N3

Tel: (519) 766-1143  
Fax: (519) 763-9628

**Give Yourself Credit****Allocation: \$29,120**

The Give Yourself Credit program was developed collaboratively by agencies within Guelph and Wellington County to provide opportunities for at-risk youth to experience school success. The program offers youth, primarily aged 16-21, an education alternative in a community setting, with the goal of helping provide vulnerable youth the opportunity to obtain high school credits.

**Total Allocation: \$29,120**

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## **Guelph Community Health Centre**

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176 Wyndham St. North  
Guelph, ON, N1H 8N9  
www.guelphchc.ca

Tel: (519) 821-6638  
info@guelphchc.ca

### **Garden Fresh Box**

**Allocation: \$18,000**

The Garden Fresh Box program increases physical and economic access to fresh fruits and vegetables among food insecure individuals and families in Guelph and its surrounding areas. The pick-up points are strategically located in areas that have high instances of low income housing, and have poor access to healthy grocery options. The box is offered once per month, and saves customers anywhere from 24% to 48% on the cost of produce.

**Total Allocation: \$18,000**

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## **Guelph & District Multicultural Festival**

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123 Woolwich Street, 2nd Floor  
Guelph, ON, N1H 3V1  
www.gdmf.ca

Tel: (519) 836-7482  
info@gdmf.ca

### **Volunteer & Community Engagement**

**Allocation: \$7,500**

The Guelph Multicultural Festival is a yearly event that welcomes newcomers and promotes integration. This program focuses on engaging citizens to become actively involved in their community by recruiting volunteers, providing learning and engagement opportunities to help organize all the moving parts of the annual community festival. The program is particularly important to involve individuals in the community at all levels of responsibility to build a better community. Through the three-day festival and throughout the year, the GDMF uses the services of over 150 volunteers. By planning and producing every aspect of the festival, volunteers are the driving force of this celebration of diversity and inclusivity.

### **One World Living Together Projects**

**Allocation: \$7,500**

The One World Living Together Projects program is designed to engage youth and teachers to promote multiculturalism. Through this program students participate in a writing competition and a poster project that reflects integration and diversity. The program is important as it helps to increase awareness, understanding and respect of the diverse cultures living together in this welcoming community.

**Total Allocation: \$15,000**

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## **Guelph & Wellington Task Force for Poverty Elimination**

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160 Chancellors Way  
Guelph, ON N1G 0E1  
www.gwpoverty.ca

Tel: (519) 822-2715  
Fax: 519-836-7215  
info@gwpoverty.ca

### **Poverty Elimination**

**Allocation: \$25,000**

The Guelph & Wellington Task Force for Poverty Elimination works collaboratively, informed by diverse voices of experience, to take local action and advocate for system and policy change to address the root causes of poverty. Their work focuses on four priority issues: (1) affordable housing & homelessness, (2) food insecurity, (3) income inequality, and (4) health inequities.

**Total Allocation: \$25,000**

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## **Guelph Enabling Garden**

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P.O. Box 15  
Guelph, ON, N1H 6J6  
www.enablinggarden.org

Tel: (519) 837-2807  
enablinginfo@sympatico.ca

### **Volunteer Co-ordinator**

**Allocation: \$13,000**

The Enabling Garden provides a free, living, interactive, accessible environment within a public space that fosters a sense of belonging for the community. The volunteer coordinator invites, recruits and engages community members of all abilities and ages to assist in maintaining the Garden and assists with providing inclusive horticultural therapy workshops and programs.

**Total Allocation: \$13,000**

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## **Guelph Independent Living**

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255 Woodlawn Road West, Suite 207  
Guelph, ON, N1H 8J1  
www.guelphindependentliving.org

Tel: (519) 836-1812  
Fax: (519) 836-7918  
info@guelphindependentliving.org

### **Community Inclusion**

**Allocation: \$10,735**

The Community Inclusion program allows clients with physical impairments the ability to attend events by providing assistance with personal support needs and with expensive transportation costs for out-of-town excursions.

**Total Allocation: \$10,735**



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## **Guelph Neighbourhood Support Coalition**

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42 Carden Street  
Guelph, ON N1H 3A2  
www.guelphneighbourhoods.org

Tel: (519) 803-3374  
brendan.johnson@guelphneighbourhoods.org

### **Neighbourhood Wellbeing & Resiliency**

**Allocation: \$60,000**

The Neighbourhood Wellbeing and Resiliency program is city-wide in scope and aims to create greater equity of access to services and supports for all City of Guelph citizens. The program also creates leadership opportunities for community members, builds collaboration and promotes sharing ideas and resources to build supports and resiliency within neighbourhoods.

**Total Allocation: \$60,000**

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## **Guelph Wellington Seniors Association**

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c/o Evergreen Seniors Centre, 683 Woolwich Street  
Guelph, ON, N1H 3Y8  
www.gwsa-guelph.ca

Tel: (519) 823-1291  
Fax: (519) 823-8972  
gwsainfo@gmail.com

### **Community Support Services**

**Allocation: \$142,000**

The Community Support Services program provides senior, peer led programs for older adults and their caregivers, which encourages healthy aging, independence and quality of life. The services provided include education, programs and support for aging related concerns, injury prevention, management of chronic conditions, healthy eating, physical activity and social engagement. The front line service delivery is facilitated by trained, senior peer volunteers, who through their similar life experiences provide encouragement, support, empowerment and the skills for self-management.

**Total Allocation: \$142,000**

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## **Guelph-Wellington Women in Crisis**

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38 Elizabeth Street  
Guelph, ON, N1E 2X2  
www.gwwomenincrisis.org

Tel: (519) 836-1110  
Fax: (519) 836-1979  
adminsac@gwwomenincrisis.org

### **Rural Woman's Support Program**

**Allocation: \$45,000**

The Rural Women's Support Program provides confidential assistance to women and their children living in Wellington County who are or have been in abusive relationships, or who are survivors of childhood sexual abuse/incest, have experienced recent or past sexual assault, harassment and/or stalking. The services are free and interpreters can be arranged when necessary.

### **Sexual Assault Centre**

**Allocation: \$27,223**

The Sexual Assault Centre offers individual and group counselling and support to women 16 years of age and older who have or are experiencing any form of sexual violence. The support is also offered to families, partners and friends of survivors of sexual assault or woman abuse. All services are free and interpreters are arranged when necessary.

☎ **Crisis Line: (519) 836-5710 OR (800) 265-7233**

**Total Allocation: \$72,223**

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## **Headwaters Communities in Action**

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246372 Hockley Road  
Mono, ON L9W 6K4  
www.headwaterscommunities.org

Tel: (519) 940-3118  
action@headwaterscommunities.ca

### **Community Wellbeing**

**Allocation: \$19,000**

HCIA aims to strengthen the rural communities in Dufferin County and Headwaters Region. A healthy community includes healthy people, engaged citizens, a dynamic economy, a sustainable environment, vibrant culture and community assets. The wellbeing of the community is measured and reported on a regular basis. Then, HCIA helps identify priorities and establish programs that grow connections, engagement and leadership within key sectors (food, trails, poverty, not for profit sector and volunteer organizations). HCIA serves as a backbone organization to support collaboration across sectors and citizens.

**Total Allocation: \$38,000**

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## Hospice Wellington

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795 Scottsdale Drive  
Guelph, ON, N1G 3R8  
www.hospicewellington.org

Tel: (519) 836-3921  
Fax: (519) 836-2154  
info@hospicewellington.org

### **Bereaved by Suicide**

**Allocation: \$5,580**

The Bereaved by Suicide program is open to any individual experiencing a death by suicide in Wellington County and Guelph, aged 21 years and older, and who is 3 months past the actual date of the death. This is an 8 week program, which occurs once weekly for 2 hours, with reunion date a month later. This program is important as it supports members of the community that feel displaced in their grief. Mental health issues and self-care are addressed in this group, which are services not available in any other source in this community. Many people don't have the financial means to seek professional therapy; this is a free program.

### **Grief & Bereavement Support**

**Allocation: \$48,350**

The Grief & Bereavement program allows individuals to connect as a group and share stories, building a village of attachment. The members of the community have mild to moderate grief experiences and this promotes a community bond, avoids isolation and ensures participation in self-care skills and acknowledged community resources to increase resiliency.

### **Wellness Program**

**Allocation: \$9,500**

The Wellness Program encompasses Gentle Yoga and Massage, as well as a Chemotherapy Clinic at Guelph General Hospital. The program is open to all clients and families in Guelph and Wellington County who are bereaved, are a caregiver, or have a palliative diagnosis. These programs continue to be vital to the community in order to provide ways for self-care and mental well-being during a difficult and stressful time. They are offered free of charge to clients and family members, enabling all access to these services.

**Total Allocation: \$63,430**

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## Immigrant Services Guelph-Wellington

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104 Dawson Road, Unit 102  
Guelph, ON, N1H 1A6  
www.is-gw.ca

Tel: (519) 836-2222  
Fax: (519) 837-2884  
info@is-gw.ca

### **Mobilized, Engaged, Involved**

**Allocation: \$38,000**

The Mobilized, Engaged, Involved program is based on fostering partnerships between newcomers/immigrants and established members of the Guelph-Wellington Community. The program enables new Canadians to serve the

community in various volunteer capacities by connecting them to existing volunteer opportunities. Information and support is provided to newcomers and also to organizations to enable mutual understanding and harmony in diversity. This contributes to developing a sense of belonging to the community and facilitates the integration and settlement process for newcomers and immigrants.

**Total Allocation: \$38,000**

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## **John Howard Society of Waterloo-Wellington**

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85 Westmount Road  
Guelph, ON, N1H 5J2  
www.waterloo.johnhoward.on.ca

Tel: (519) 836-1501  
Fax: (519) 836-9944  
inquiries@waterloo.johnhoward.on.ca

### **Anti-Bullying Program (Crime Prevention)**

**Allocation: \$6,000**

The Anti-Bullying program is broken into three smaller programs. The primary program fosters development in social competency such as self-monitoring, appropriate problem solving, and knowing when to seek help and recognizing passive, aggressive and assertive choices. The junior level program takes a more in-depth look at bullying situations and the players involved (the person who chooses to bully, the person who was targeted and the bystanders). Students discuss the decision that each individual could make and the ramifications of those choices. Social competencies are explored as they apply specifically to a bullying situation (i.e. students are taught to be assertive through the use of a strategy specifically designed to combat bullying). A final session also introduces concepts of cyber safety/responsibility and cyberbullying. Each of the programs are completed within school classrooms throughout the scheduled school day.

### **Community Aftercare**

**Allocation: \$15,908**

The Community Aftercare program serves adults who have previously offended and/or been incarcerated, and provides them with counselling and community integration supports leading to personal well-being and preventing recidivism. The program focuses on meeting immediate basic needs, creating safety nets through connections to community resources, removing barriers to employment, discharge planning and developing/working towards pro-social goals related to criminogenic risk factors.

### **Communicating Our Perspectives & Emotions (COPES) Allocation: \$7,500**

The C.O.P.E.S. Program (Communicating Our Perspectives and Emotions Successfully) is an in-school and referral based program for intermediate and secondary level students. The COPES curriculum uses real-life scenarios to assist youth in strengthening their assets and increasing their resiliency. The program is delivered in small group format over the course of multiple sessions with topics including, but not limited to, pro-social communication styles, perspective taking, understanding others, effectively working as part of a group, and emotions

regulation. By incorporating social emotional learning concepts, participants continue to build their skills of self-awareness, self-management, social awareness, positive relationships, problem-solving and conflict resolution.

**Total Allocation: \$29,408**

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## **Learning Disabilities Association Guelph-Wellington**

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#233-17A-218 Silvercreek Pkwy N.  
Guelph, ON, N1H 8E8

Tel: (519) 837-2050  
info@ldawc.ca

### **Information, Referral & Support**

**Allocation: \$40,250**

The Information Referral & Support program is dedicated to raising awareness and the understanding of learning disabilities and their impact on learning, social skills and the ability to self-advocate. The program supports individuals with learning disabilities and attention deficit hyperactivity disorder, as well as supporting their families through high quality approaches in information, referral and support.

**Total Allocation: \$40,250**

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## **March of Dimes Canada**

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291 King St., 3<sup>rd</sup> Floor  
London, ON, N6B 1R8  
www.marchofdimes.ca

Tel: (519) 642-3700 x7068  
Fax: (519) 432-4923  
dullman@marchofdimes.ca

### **Assistive Devices Program**

**Allocation: \$16,900**

The Assistive Devices program provides adults with physical disabilities greater independence by improving mobility, safety and community accessibility. The Assistive Devices program facilitates this goal through the purchase and repair of mobility devices and home health care aids for individuals with physical disabilities who live with very limited financial resources.

**Total Allocation: \$16,900**

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## Michael House Pregnancy Care Centre

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187 Bristol Street  
Guelph, ON, N1H 3M2  
www.michaelhouse.ca

Tel: (519) 766-7675  
Fax: (519) 766-7659  
office@michaelhouse.ca

### **Residential Program**

**Allocation: \$50,000**

The Residential Program addresses numerous needs in the community. There are a number of children being raised by young, single parents that are at risk for neglect or abuse. By addressing risk factors such as isolation, homelessness, mental health or addiction issues, and then providing parenting education, support and linking them to a community of network supports, the hope is to stop cycles of poverty and abuse. The goal is to keep families intact and reduce the number of children growing up in the Child Welfare system.

### **Supportive Housing Program**

**Allocation: \$10,000**

The Supportive Housing program was created to address the very urgent need to provide more stable housing for mothers and children. The program offers accommodations below market rate, thereby reducing the risk of homelessness. This program allows these young families to live independently and responsibly in their own units, yet benefit from continued access to the supports and services that Michael House offers. The new build has been specifically designed to foster a community atmosphere and lessen the sense of isolation young, single mothers living below the poverty line often experience.

**Total Allocation: \$60,000**

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## Mood Disorders Support Group of Guelph

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P.O. Box 873  
Guelph, ON, N1H 6M6  
www.mdsgg.com

Tel: (519) 766-4477  
info@mdsgg.ca

### **Mood Disorders Support Group**

**Allocation: \$8,500**

The Mood Disorders Support Group is an all-inclusive, non-profit, self-help, peer support group for those challenged by a mental illness and the families and friends that support them. The purpose of the program is to work with community partners, to meet and share experiences in support of one another, to inform and educate themselves, mental health professionals and the public in order to eliminate discrimination and social stigma surrounding mental illness and mood disorders.

**Total Allocation: \$8,500**

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## **PIN – The People and Information Network**

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46 Cork Street East, Unit #1  
Guelph, ON, N1H 2W8  
www.pinnetwork.ca

Tel: (519) 822-0912 OR (866) 693-3318  
Fax: (519) 822-1389  
info@pinnetwork.ca

### **Community Information Program**

**Allocation: \$90,000**

The Community Information Program addresses the challenge of understanding and navigating social programs and services by collecting, maintaining and disseminating information about essential human services in a free, public and regularly updated online resource. This program is searchable and accessible in a variety of media, including an "info-line" telephone service for community members who are not able to access this information through the internet. This database is a community asset relied upon by individuals and organizations alike.

### **Volunteer Services**

**Allocation: \$75,000**

The Volunteer Services addresses the needs of individuals to know where and how to become involved by referring potential volunteers to opportunities in the community. The program provides referral services through trained staff and volunteers in the office, over the phone, by email and through an online volunteer opportunity database.

**Total Allocation: \$165,000**

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## **Rainbow Programmes for Children**

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304 Stone Road West, Suite 337  
Guelph, ON, N1G 4W4  
www.rainbowdaycamp.com

Tel: (519) 837-0387  
info@rainbowdaycamp.com

### **Inclusive Summer Day Camp**

**Allocation: \$14,000**

The Inclusive Summer Day Camp provides Guelph and the surrounding area a fully inclusive, non-profit summer camp that offers hundreds of children each year a fun and memorable camp experience. This program strives to provide a caring and open environment, which embraces diversity and encourages personal growth, according to each individual's strengths, needs and abilities.

**Total Allocation: \$14,000**

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## Shelldale Better Beginings, Better Futures

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20 Shelldale Crescent  
Guelph, ON, N1H 1C8  
www.bbbfguelph.ca

Tel: (519) 824-8498  
info@bbbfguelph.ca

### Youth Resiliency Program

**Allocation: \$47,500**

The Youth Resiliency Program supports vulnerable youth in the Onward Willow Community and provides afterschool, teen and leadership programs to foster resiliency. All programs include nutritious snacks since most “at risk” youth are living with food shortages. The programs support laying a strong foundation of thinking and coping skills that support resilience in children by showing them they have choices, and by making good choices, more opportunities are available.

**Total Allocation: \$47,500**

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## St. John Ambulance – Fergus / Elora Branch

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123 Metcalf Street North  
Elora, ON, N0B 1S0  
www.sja.ca

Tel: (226) 971-0524  
Fax: (519) 846-2553  
fergus@on.sja.ca

### First Aid & Community Services

**Allocation: \$5,000**

The First Aid and Community Services program offers First Aid community events and a Therapy Dog Program that provides friendship and companionship to individuals in long term care facilities and group homes. The Cadet/Youth program provides a free service for children and youth to gain valuable exposure to career paths that they may wish to follow.

**Total Allocation: \$5,000**

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## St. John Ambulance – Guelph Branch

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1007 York Road, Unit 5  
Guelph, ON, N1E 6Y9  
www.sja.ca

Tel: (519) 821-3400  
Fax: (519) 821-4223  
guelph@on.sja.ca

### Brigade First Aid Program

**Allocation: \$7,000**

The Brigade First Aid Program is a group of dedicated volunteers who travel to special events in and around Guelph to provide First Aid. They do not only treat athletes who have injuries or tend to medical emergencies, but they also treat spectators. When someone is hurt it can be a frightening situation and having well-trained and supplied volunteers present to help provide treatment is vital.



## **Therapy Dog Program**

**Allocation: \$2,000**

The Therapy Dog Program provides the therapeutic presence of a dog to residents in care facilities to help break down the barriers of loneliness, rejection and despair. The volunteer handler, along with their dog, makes a commitment of time to visit on a regular basis and provides the time needed for bonding to take place.

**Total Allocation: \$9,000**

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## **Torchlight**

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P.O. Box 1027  
Guelph, ON, N1H 6N1  
www.torchlightcanada.org

Tel: (519) 821-3761  
Fax: (519) 821-8190  
info@communitytorchlight.com

## **Distress Centre**

**Allocation: \$85,000**

The Distress Line provides inbound and outbound telephone listening and support services for people of all ages and all abilities who find themselves experiencing distress and/or crisis. The services can be accessed on a one-time basis or register to receive ongoing, regular contacts support. The program is unique due to the ability to provide outreach for unique needs of individuals, including friendly social calls to seniors, medication reminders or wellness check-ins for those transitioning back home from a hospital stay.

➔ **Distress Line: (888) 821-3760**

**Total Allocation: \$85,000**

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## **United Way Guelph Wellington Dufferin**

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85 Westmount Road  
Guelph, ON, N1H 5J2  
www.unitedwayguelph.com

Tel: (519) 821-0571  
Fax: (519) 821-7847  
info@unitedwayguelph.com

## **Community Impact**

**Allocation: \$276,560**

United Way's Community Impact mission is to improve lives and build community by engaging individuals and mobilizing collective action. Community impact is about achieving meaningful, long-term improvements to quality of life in Guelph, Wellington and Dufferin communities by addressing not just the symptoms of problems, but also the root causes. The staff work closely with local community groups – those that receive United Way funds and those that do not – to address the social service issues identified through research activities.

## **Student Volunteer Recognition Scholarships**

**Allocation: \$3,640**

United Way Guelph Wellington Dufferin recognizes high school graduates who have made significant volunteer contributions during their high school experience.

An award is given annually to a graduating student from each Public and Catholic high school in Guelph, Wellington and Dufferin.

**Total Allocation: \$280,200**

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## **Victorian Order of Nurses Waterloo Wellington Dufferin**

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392 Main Street North, Unit 4  
Mount Forest, ON N0G 2L2  
www.von.ca

Tel: (519) 323-2330 OR (888) 506-6353  
Fax: (519) 323-9655  
michelle.martin@von.ca

### **Subsidy Transportation**

**Allocation: \$10,000**

The Transportation program provides affordable transportation for seniors and adults with disabilities, who are unable to use regular transit services. Rides provided are for adult day programs, dialysis, medical and rehabilitation programs.

### **Volunteer Visiting**

**Allocation: \$16,450**

The Volunteer Visiting program provides one-on-one social support to seniors and adults with disabilities who are socially isolated, at risk or suffering from depression/anxiety and loneliness. Volunteers are matched with clients for a weekly visit based on common interests and backgrounds.

### **Meals on Wheels Guelph/Wellington**

**Allocation: \$25,000**

The Meals on Wheels program encourages seniors to have a hot, nutritious and affordable meal in the comfort of their own home. The hot meal is delivered by a volunteer who provides a friendly check that helps boost the social well-being by reducing some of the social isolation that seniors experience.

**Total Allocation: \$51,450**

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## **Volunteer Dufferin**

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P.O. Box 13  
Orangeville, ON L9W 2Z5  
www.volunteerdufferin.ca

Tel: (519) 941-6431  
Fax: (519) 942-8731  
info@volunteerdufferin.ca

### **Volunteer Dufferin**

**Allocation: \$1,500**

The Volunteer Dufferin program is a one-stop central online hub that facilitates the promotion, recruitment and matching of volunteers and their skills to meaningful volunteer opportunities in Dufferin County. The website assists in the building of non-profit organizational strength and capacity by providing subscriber organizations the opportunity to post a limitless number of volunteer opportunities annually for a nominal fee, thereby reducing the costs (human and financial) to

subscriber organizations in their recruitment initiatives. [www.volunteerdufferin.ca](http://www.volunteerdufferin.ca) reduces the burden and releases some of the resources organizations have in their struggle to recruit and retain volunteers, enabling organizations to attract more volunteers in an efficient manner, boosting their capacity to serve and become more sustainable.

**Total Allocation: \$1,500**

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## Welcome In Drop-In Centre

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23 Gordon Street  
Guelph, ON, N1H 4G9

Tel: (519) 837-0080  
Fax: (519) 837-2637  
[dropinc@rogers.com](mailto:dropinc@rogers.com)

### Drop-In Centre

**Allocation: \$60,000**

The Support Worker assists individuals/families that are at-risk of homelessness and aids those who are homeless to receive food, shelter and connect them to resources and supports. Two Support Workers meet with individuals/families to understand their needs and then connect to resources in the community. Support is also given to these individuals/families that need financial resources to get or stay housed. The Support Worker supports all the individuals that come through the Drop-In Centre either through the Centre itself or through the Shelter Program.

### The Housing Fund

**Allocation: \$24,000**

This Housing Fund supports individuals and families financially in a very practical way, in order to stay housed or to get housed. These funds can range from helping with the payment of last month's rent, so that an individual or family can become housed, to covering unexpected costs that an individual may incur (i.e. medical, food, start of employment costs) to ensure their rent continues to be paid and the individual/family remain housed.

### The Shelter Program

**Allocation: \$6,000**

The Shelter Program provides shelter for individuals and families that are homeless. The program provides nutritious food, positively impacting the health of homeless and precariously housed individuals that attend the Drop-In Centre each day for their meals.

**Total Allocation: \$90,000**

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## Wellington County Learning Centre

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207A George Street  
Arthur, ON, N0G 1A0  
www.thewclc.ca

Tel: (519) 848-3462 OR (888) 368-7889  
Fax: (519) 848-9354  
literacy@thewclc.ca

### **Just for YOUth Program**

**Allocation: \$25,000**

The Just for YOUth Literacy Program helps children, youth and young adults who are struggling in school, improve their academic and essential skills for employment, further education and training. This program is free and is a one of a kind program offered in Wellington County.

### **Bridges Out of Poverty: Circles**

**Allocation: \$19,500**

The Circles program is a community based partnership that is committed to specific and positive actions to reduce the number of families dealing with poverty in the community. The Circles program uses the power of relationships and a caring community to help people out of poverty by matching people of low-income with individuals of middle and upper-income. The program is a high impact strategy designed to provide emotional and practical support that builds the social capital of individuals living in low-income. The program also aims to highlight to the community the issues and barriers faced by individuals and families living in poverty.

**Total Allocation: \$44,500**

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## Wyndham House

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311 Woolwich Street Unit C  
Guelph, ON, N1H 3W4  
www.wyndhamhouse.org

Tel: (519) 822-4400  
Fax: (519) 822-9613  
info@wyndhamhouse.org

### **Youth Resource Centre**

**Allocation: \$101,000**

The Youth Resource Centre offers youth a safe and welcoming space where they can receive a hot meal, make a phone call, access the emergency food hamper program or meet with Resource Centre staff to begin the process of moving towards stability. The Youth Resource Centre is a youth focused community 'hub', where youth can also access direct services such as a weekly Health Clinic with a Registered Nurse Practitioner, meet with an Employment Counsellor from Second Chance Employment Counselling, book an appointment with a clinician from CMHA who is on site every week and more, all in a familiar setting. It is a place where they can attend workshops and training opportunities, find comfort in a crisis or an ally to help navigate the sometimes complex world of the social services system

**Long-Term Transitional Housing Program****Allocation: \$99,666**

The two long-term transitional homes provide 16 beds aimed at providing a stable, supportive, longer term housing option for youth, so they can focus their attention on working towards their academic goals and successfully transition into adulthood.

**Total Allocation: \$200,666****YMCA/YWCA of Guelph**

130 Woodland Glen Drive  
 Guelph, ON N1G 4M3  
 www.guelphy.org

Tel: (519) 824-5150  
 Fax: (519) 824-4729  
 contact@guelphy.org

**Teenage Parents Program (TAPPS)****Allocation: \$36,100**

The Teenage Parent Program (TAPPS) is a free drop-in program for pregnant and parenting youth aged 14-21 years old. The drop-in sessions are currently held twice a week, on Mondays and Thursdays, and offer support and guidance regarding a variety of topics related to parenting, health and wellbeing. In addition to the weekly drop-in programs, TAPPS also offers outreach programs throughout the year, and they run for 4-8 weeks and are often held at community partner locations. The outreach programs facilitate the development of skills and knowledge on topics such as career prep, healthy relationships and safe food handling.

**Total Allocation: \$36,100**

*United Way may issue emergency funding to social service agencies in Guelph, Wellington County and Dufferin County should urgent needs arise.*

# Index of Agencies & Programs by Focus Area

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## From Poverty to Possibility

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- Programs funded in this category – 17
- United Way investment in this category – \$716,615

### **Action Read Community Literacy Centre**

- Educational Supports for Disadvantaged Adults

### **Centre Wellington Food Bank**

- Healthy Fresh Food Program

### **Chalmers Community Services Centre**

- Food Pantry

### **Community Resource Centre of North and Centre Wellington**

- Outreach & Support Program, Information & Referral Service

### **East Wellington Community Services**

- Food Bank

### **Family Counselling & Support Services**

- Financial Health & Literacy Services

### **Guelph Community Health Centre**

- Garden Fresh Box

### **Guelph & Wellington Task Force for Poverty Elimination**

- Poverty Elimination

### **Michael House Pregnancy Care Centre**

- Residential Program
- Supportive Housing Program

### **Victorian Order of Nurses**

- Meals on Wheels – Guelph/Wellington County

### **Welcome In Drop-In Centre**

- Drop-In Centre
- The Housing Fund
- The Shelter Program

### **Wellington County Learning Centre**

- Bridges Out of Poverty: Circles

## **Wyndham House**

- Long-term Transitional Housing Program
- Youth Resource Centre

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## **Strong Communities**

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- Programs funded in this category – 44
- United Way investment in this category – \$1,500,203

### **Alzheimer Society Guelph-Wellington**

- Rural Outreach Services

### **ARCH: HIV/AIDS Resources and Community Health**

- HIV/AIDS Prevention & Support Program
- Breaststrokes Dragon Boat Team

### **Canadian Hearing Society**

- Hearing Care Counselling Program
- Information Services & Community Development

### **Canadian Mental Health Association Waterloo Wellington**

- Mental Health Promotion & Education Services
- Spark of Brilliance

### **Canadian National Institute for the Blind (CNIB)**

- Vision Rehab Services
- Volunteer Services
- Library Services

### **Community Engagement & Global Citizenship, Student Life**

- Project Serve

### **Dunara Homes for Recovery**

- Wellington Guelph Hoarding Response

### **East Wellington Community Services**

- Client Services
- Community Outreach
- Volunteer Program

### **Family & Children's Services of Guelph and Wellington County**

- Nurturing Neighbourhood Initiatives

### **Family Counselling & Support Services for Guelph Wellington**

- Subsidized Counselling Program
- Walk-in Counselling Services

## **Guelph & District Multicultural Festival**

- Volunteer & Community Engagement

## **Guelph Enabling Garden**

- Volunteer Co-ordinator

## **Guelph Independent Living**

- Community Inclusion

## **Guelph Neighbourhood Support Coalition**

- Neighbourhood Wellbeing & Resiliency

## **Guelph Wellington Seniors Association**

- Community Support Services

## **Guelph-Wellington Women in Crisis**

- Rural Women's Support Program
- Sexual Assault Centre

## **Headwaters Communities in Action**

- Community Wellbeing

## **Hospice Wellington**

- Bereaved by Suicide
- Grief & Bereavement Support
- Wellness Program

## **Immigrant Services Guelph-Wellington**

- Mobilized, Engaged, Involved

## **John Howard Society of Waterloo-Wellington**

- Community Aftercare

## **March of Dimes Canada**

- Assistive Devices Program

## **Mood Disorders Support Group of Guelph**

- Mood Disorders Support Group

## **PIN – The People and Information Network**

- Community Information Guelph
- Volunteer Services

## **St. John Ambulance – Fergus/Elora Branch**

- First Aid & Community Services

## **St. John Ambulance – Guelph Branch**

- Brigade First Aid Program
- Therapy Dog Program

## **Torchlight**

- Distress Centre



## **United Way Guelph Wellington Dufferin**

- Community Impact

## **Victorian Order of Nurses**

- Subsidy Transportation
- Volunteer Visiting

## **Volunteer Dufferin**

- Volunteer Dufferin

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## **All That Kids Can Be**

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- Programs funded in this category – 27
- United Way investment in this category – \$484,349

## **Action Read Community Literacy Centre**

- Early Start Family Literacy

## **Autism Ontario – Wellington County Chapter**

- Summer Funding Program

## **Big Brothers Big Sisters of Centre Wellington**

- Match Program

## **Big Brothers Big Sisters of Dufferin & District**

- Match Program
- In-School Mentoring

## **Big Brothers Big Sisters of Guelph**

- Big Bunch Group Program
- In-School Mentoring Program
- Match Program
- School-Based Group Programs

## **Big Brothers Big Sisters of North Wellington**

- Go Girls and Game On
- In-School Mentoring Program
- Match Program

## **Canadian Mental Health Association Waterloo Wellington Dufferin**

- YouthTALK

## **Canadian National Institute for the Blind (CNIB)**

- Children & Youth Services

## **Child Witness Centre**

- Child Witness Program

**Dufferin Child and Family Services**

- LGBT Youth Group

**Dufferin Parent Support Network**

- Group Parenting Education

**Give Yourself Credit**

- Give Yourself Credit

**Guelph & District Multicultural Festival**

- One World Living Together Projects

**John Howard Society of Waterloo-Wellington**

- Anti-Bullying (Crime Prevention )
- Communicating Our Perspectives & Emotions (COPEs)

**Learning Disabilities Association Guelph-Wellington**

- Information, Referral & Support

**Rainbow Programmes for Children**

- Inclusive Summer Day Camp

**Shelldale Better Beginnings, Better Futures**

- Youth Resiliency Program

**United Way Guelph Wellington Dufferin**

- Student Volunteer Recognition Scholarships

**Wellington County Learning Centre**

- Just for YOUth Program

**YMCA/YWCA of Guelph**

- Teenage Parents Program (TAPPs)

# Index of Agencies & Programs by Geography

*The following information is taken from service areas indicated to United Way by each agency.*

Agency	Program	Areas Served		
		Guelph	Wellington	Dufferin
Action Read Community Literacy Centre	Early Start Family Literacy	✓		
	Educational Supports for Disadvantaged Adults	✓		
Alzheimer Society Waterloo-Wellington	Rural Outreach Services	✓	✓	
ARCH: HIV/AIDS Resources & Community Health	HIV/AIDS Prevention & Support Program	✓	✓	
Autism Ontario – Wellington County Chapter	Summer Funding Program	✓	✓	
Big Brothers Big Sisters of Centre Wellington	Match Program		✓	
Big Brothers Big Sisters of Dufferin & District	Match Program			✓
	In-School Mentoring			✓
Big Brothers Big Sisters of Guelph	Big Bunch Group Program	✓		
	In-School Mentoring	✓	✓	
	Match Program	✓	✓	
	School-based Group Programs	✓	✓	
Big Brothers Big Sisters of North Wellington	Go Girls and Game On		✓	
	In-School Mentoring		✓	
	Match Program		✓	
BreastStrokes	Dragon Boat Team	✓	✓	
Canadian Hearing Society	Hearing Care Counselling Program	✓	✓	✓
	Information Services & Community Development	✓	✓	✓
Canadian Mental Health Association Waterloo Wellington	Mental Health Promotion & Education Services	✓	✓	✓
	Spark of Brilliance	✓	✓	✓
	YouthTALK	✓	✓	✓
Canadian National Institute of the Blind	Children and Youth Services	✓	✓	✓
	Library Services	✓	✓	✓
	Vision Rehab Services	✓	✓	✓

Agency	Program	Areas Served		
		Guelph	Wellington	Dufferin
	Volunteer Services	✓	✓	✓
Centre Wellington Food Bank	Healthy Fresh Food	✓	✓	
Chalmers Community Services Centre	Food Pantry	✓		
Child Witness Centre	Child Witness Program	✓	✓	
Community Engagement & Global Citizenship, Student Life	Project Serve	✓		
Community Resource Centre of North and Centre Wellington	Outreach and Support Program, Information & Referral Services		✓	
Dufferin Child and Family Services	LGBT Youth Group			✓
Dufferin Parent Support Network	Group Parent Education			✓
Dunara Homes for Recovery	Wellington Guelph Hoarding Response	✓	✓	
East Wellington Community Services	Food Bank		✓	
	Client Services		✓	
	Community Outreach		✓	
	Volunteer Program		✓	
Family and Children's Services of Guelph and Wellington County	Nurturing Neighbourhood Initiatives	✓	✓	
Family Counselling and Support Services for Guelph Wellington	Financial Health & Literacy Services	✓	✓	
	Subsidized Counselling Program	✓	✓	
	Walk-In Counselling Services	✓	✓	
Give Yourself Credit	Give Yourself Credit Program	✓	✓	
Guelph Community Health Centre	Garden Fresh Box	✓		
Guelph & District Multicultural Festival	Community Engagement	✓	✓	
	One World Living Together Projects	✓	✓	
Guelph & Wellington Task Force for Poverty Elimination	Poverty Elimination	✓	✓	
Guelph Enabling Garden	Volunteer Co-ordinator	✓	✓	
Guelph Independent Living	Community Inclusion	✓		
Guelph Neighbourhood Support Coalition	Neighbourhood Wellbeing & Resiliency	✓		

Agency	Program	Areas Served		
		Guelph	Wellington	Dufferin
Guelph Wellington Seniors Association	Community Support Services	✓	✓	
Guelph-Wellington Women in Crisis	Rural Woman's Support Program	✓	✓	
	Sexual Assault Centre	✓	✓	
Headwaters Communities in Action	Community Wellbeing			✓
Hospice Wellington	Bereaved by Suicide	✓	✓	
	Grief & Bereavement	✓	✓	
	Wellness Program	✓	✓	
Immigrant Services Guelph-Wellington	Mobilized, Engaged, Involved	✓	✓	
John Howard Society of Waterloo-Wellington	Anti-Bullying Program	✓	✓	
	Communicating Our Perspectives and Emotions (COPEs)	✓	✓	
	Community Aftercare	✓	✓	
Learning Disabilities Association Guelph-Wellington	Information, Referral & Support	✓	✓	
March of Dimes Canada	Assistive Devices Program	✓	✓	✓
Michael House Pregnancy Care Centre	Residential Program	✓	✓	
	Supportive Housing Program	✓	✓	
Mood Disorders Support Group of Guelph	Mood Disorders Support Group	✓	✓	
PIN – The People and Information Network	Community Information Program	✓	✓	
	Volunteer Services	✓	✓	
Rainbow Programmes for Children	Inclusive Summer Day Camp	✓	✓	
Shelldale Better Beginnings, Better Futures	Youth Resiliency Program	✓		
St. John Ambulance - Fergus/Elora Branch	First Aid & Community Services		✓	
St. John Ambulance - Guelph Branch	First Aid Program	✓		
	Therapy Dog Program	✓		
Torchlight	Distress Centre	✓	✓	✓
United Way Guelph Wellington Dufferin	Community Impact	✓	✓	✓
	Student Volunteer Recognition Scholarships	✓	✓	

Victorian Order of Nurses Waterloo Wellington Dufferin	Subsidy Transportation	✓	✓	
	Meals on Wheels – Guelph/Wellington	✓	✓	
	Volunteer Visiting	✓	✓	
Volunteer Dufferin	Volunteer Dufferin			✓
Welcome In Drop-In Centre	Drop-In Centre	✓	✓	
	The Housing Fund	✓	✓	
	The Shelter Program	✓	✓	
Wellington County Learning Centre	Just for YOUth Program		✓	
	Bridges Out of Poverty: Circles		✓	
Wyndham House	Long-term Transitional Housing Program	✓	✓	
	Youth Resource Centre	✓	✓	
YMCA/YWCA of Guelph	Teenage Parents Program (TAPPS)	✓	✓	

*For more information about the programs receiving funding from United Way Guelph Wellington Dufferin, visit our website at **unitedwayguelph.com**. You'll find videos and stories about how the programs we fund are helping people in our community.*

**United Way. Change starts here.**



**United Way**  
Guelph Wellington  
Dufferin

*85 Westmount Rd., Guelph, ON N1H 5J2*

*T: 519-821-0571*

*E: [info@unitedwayguelph.com](mailto:info@unitedwayguelph.com)*

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