



**United Way**  
Guelph Wellington  
Dufferin

**UNITED WAY FUNDED PROGRAMS**

# **DIRECTORY 2018**



## Change starts here.

*Every day, programs and services funded by United Way Guelph Wellington Dufferin help our families, our friends, our neighbours.*

*These programs are for everyone in our community, from infants to seniors; from Aberfoyle to Mount Forest to Shelburne. They are programs many of us hope we'll never need to call on, but are thankful for when needs arise.*

*The generosity of thousands of donors and volunteers allows United Way to fund the essential programs outlined in this directory.*

*Thank-you all for your ongoing support. Together, we are making **change start here.***



Ken Dardano, Executive Director  
United Way Guelph Wellington Dufferin

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# Focus Areas & Building Blocks

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With research provided by United Way's Community Investment department and on-site program visits, the Fund Allocation Committee ensures that your donated dollars go where they are needed most. We invest in five building blocks, under three focus areas, to create strong neighbourhoods and thriving communities:

## **From Poverty to Possibility**

**Goal: Individuals and families have a network of basic needs supports.**

Many of our communities' most vulnerable are families and children who simply can't make ends meet. United Way funds programs to ensure basic needs—food, shelter, clothing and employment are available to those who need them. We also work with community partners to help break the cycle of poverty for future generations.

## **All That Kids Can Be**

**Goal: Children and youth believe in themselves and get involved.**

Children and youth need to live and grow in a supportive, inclusive and nurturing environment. By investing in young people, we help them grow up to be all that they can be, ensuring everyone's future is stronger.

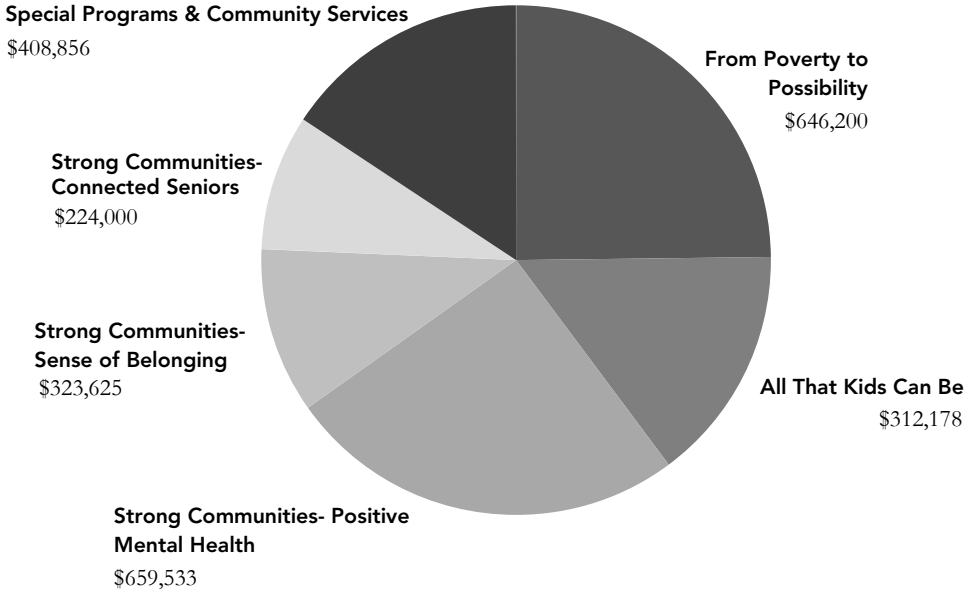
## **Strong Communities**

**Goals: (1) Individuals and families feel a sense of belonging and inclusion in their neighbourhoods and community. (2) Individuals and families have positive mental health and are better able to handle life's challenges. (3) Seniors have the social supports they need in order to be connected to their community.**

United Way invests in programs that make our community vibrant and safe and create opportunities for individuals, families and neighbourhoods. We focus on improving access to social and health-related support services, as well as supporting community integration and engagement.

# United Way Program Funding Breakdown

*Funds distributed to programs April 1, 2018 to March 31, 2019*





# Funded Programs by Agency

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## Action Read Community Literacy Centre

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8 Cork Street E.  
Guelph, ON N1H 2W8  
www.actionread.com

Tel: (519) 836-2759  
Fax: (519) 836-7020  
action1@on.aibn.com

### Early Start Family Literacy

**Allocation: \$18,000**

The Early Start Family Literacy program targets parents/caregivers and children ages 0 to 6. It includes hands-on activities that teach adults about how children learn and helps families discover learning opportunities in everyday routines. The program helps children develop early literacy and numeracy skills, get comfortable in social settings and make successful transitions into formal education.

### Adult Program for Community Inclusion

**Allocation: \$45,140**

The Adult Program for Community Inclusion builds a sense of belonging and social inclusion. When people feel welcomed, respected and valued, they develop a deep sense of belonging which brings countless benefits to their overall wellbeing. When they feel accepted as a member of a group or society, they are encouraged to work through their learning challenges. This program supports these values by creating learning opportunities, activities and processes that help program participants, volunteers and staff get to know one another and build trust, camaraderie and connection. The program supports self-discovery, creative expression, and engagement with others, all within a compassionate and non-judgmental environment.

**Total Allocation: \$63,140**

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## Alzheimer Society Waterloo Wellington

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69 Huron Street  
Guelph, ON, N1E 5L6  
www.alzheimer.ca/ww

Tel: (519) 836-7672  
Fax: (519) 742-1862  
asww@alzheimerww.ca

### Rural Outreach Services

**Allocation: \$10,000**

The Rural Outreach Services program was implemented to address the isolation which is compounded by living rurally. This program enhances and broadens access to specialized services such as group/family/individual education sessions,

caregiver support groups and individual counseling services in the rural Wellington area. The program seeks to create more opportunities to empower persons living with dementia and their loved ones to better define quality of life for themselves after diagnosis, to reduce stigma and stereotypes and to improve access to available community resources. This program works collaboratively with community partners so that outreach efforts can be truly maximized.

**Total Allocation: \$10,000**

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## **ARCH: HIV/AIDS Resources and Community Health**

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77 Westmount Road, Unit 110  
Guelph, ON, N1H 5J1  
www.archguelph.ca

Tel: (519) 763-2255  
Fax: (519) 763-8125  
director@archguelph.ca

### **HIV/AIDS Prevention & Support Program**

**Allocation: \$25,000**

The HIV/AIDS Prevention & Support program provides a range of services that support individuals and families who are living with, affected by, or at risk of HIV/AIDS in improving their health and well-being. The services include emergency financial assistance, transportation programs, access to medications and vitamins, complementary therapy, mental health counseling, social support, advocacy, treatment information, and referrals.

**Total Allocation: \$25,000**

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## **Autism Ontario – Wellington County Chapter**

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1179 King Street W., Suite 004  
Toronto, ON M6K 3C5  
www.autismontario.com

Tel: (416) 246-9592  
Fax: (416) 246-9417  
wellington@autismontario.com

### **Summer Programming**

**Allocation: \$12,000**

The Summer Funding program provides subsidies to families with children/youth with autism so that they can attend summer programs (e.g. camps) with the supports they need to learn new skills and participate in social activities.

**Total Allocation: \$12,000**

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## **Big Brothers Big Sisters of Centre Wellington**

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195 St. David Street S., 2nd Floor  
Fergus, ON, N1M 2L4  
www.bigbrothersbigsisters.ca/centrewellington  
centrewellington@bigbrothersbigsisters.ca

Tel: (519) 787-0106

### **One to One Match Program**

**Allocation: \$12,000**

The One to One Mentoring program provides boys and girls with a role model and a friend to talk to and share experiences of growing up. Through regular outings, a relationship is developed between the mentor and the mentee, that is built on trust and common interests, and is supported by experienced case-workers. The result is a life-changing experience for both the mentor and the mentee.

**Total Allocation: \$12,000**

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## **Big Brothers Big Sisters of Dufferin & District**

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32 First Street, Suite L1  
Orangeville, ON L9W 2E1  
www.bigbrothersbigsisters.ca/dufferin

Tel: (519) 941-6431

Fax: (519) 942-8731

nancy.stallmach@bigbrothersbigsisters.ca

### **Match Program**

**Allocation: \$12,500**

The Match program matches children with a Big Brother or Big Sister. The child benefits from regular weekly meetings that build self-esteem and trust. Through this relationship of friendship and positive role modeling the mentor reduces the emotional distress of the child and guides the child to make more positive life choices. In many cases, this relationship allows the child to navigate their way out of poverty and into a life with greater opportunity.

### **In-School Mentoring**

**Allocation: \$5,000**

The In-School Mentoring Program matches children with a caring adult mentor for one hour each week, right at their school. The children are chosen for the program by staff at the school. The children are struggling in some way at school and could benefit from time spent with a mentor. Through one-on-one visits, the program encourages friendships and builds self-esteem through activities such as crafts, games and sports.

**Total Allocation: \$17,500**

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## **Big Brothers Big Sisters of Guelph**

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285 Woolwich Street  
Guelph, ON, N1H 3V8  
www.bbbsg.ca

Tel: (519) 824-5154  
Fax: (519) 824-6156  
infoguelph@bigbrothersbigsisters.ca

### **Big Bunch Group Program**

**Allocation: \$20,721**

The Big Bunch program provides service to boys and girls who are on the waiting list for their own Big Brother or Big Sister. It also serves those children who need a positive male or female role model and peer interaction with other children of a similar age and same gender. Each group has a designated leader and several other dedicated volunteers who are assigned a number of girls or boys within a specific age range. The volunteers plan and supervise at least 2 outings each month, picking up the children and driving them to their group outings. All group leaders have been fully screened, trained and approved according to national standards laid out by Big Brothers Big Sisters of Canada as well as local agency standards and policies.

### **One to One Community Match Program**

**Allocation: \$32,777**

The One to One Mentoring program covers three programs. The Big Brother Mentoring program provides boys and young men with a role model and a good friend to talk to and share experiences of growing up. The Big Sisters Mentoring program provides girls and young women with a role model and a friend to talk to and share experiences of growing up. The Couples for Kids Mentoring program matches two adults in a committed relationship with a boy for a few hours each week over a minimum of 18 months. They share fun activities which provide positive guidance, support and role modeling to their Little Brother. All three programs strive to promote the importance of staying in school and healthy relationships with family and peers, instill trust and self-confidence in order to make healthy decisions, encourage leadership skills and independent thinking and above all, make a difference while having fun.

### **In-School Mentoring Program**

**Allocation: \$35,000**

The In-School Mentoring program provides girls and boys with a role model and a friend to talk to and share the experiences of growing up within school grounds. For one hour a week, mentors meet with their mentee and engage in activities such as board games, crafts or just hang out in the playground. Big Brothers Big Sisters of Guelph, in partnership with the Upper Grand District School Board and the Wellington Catholic District School Board, provides co-op placements in the In-School Mentoring program where the agency matches high school students completing a cooperative school placement with 8 mentees that they mentor

throughout a high school term. Each high school student is placed at a partnering elementary school for the morning or afternoon and he/she mentors two children each day.

### **School-Based Mentoring**

**Allocation: \$24,000**

The School Based Mentoring program covers three separate programs.

"Go Girls, Healthy Bodies, Healthy Minds" is a group mentoring program for girls ages 12-14 that focuses on physical activity, balanced eating and self-esteem. The single, most important goal of the program is to positively shape the lives of young women and girls by helping them build a positive self-image and setting them on a path to reach their full potential in life. The Go Girls! program consists of 7 mentoring sessions, held over a 7-week period, within school facilities. "Game On! Eat Smart - Play Smart - Live Smart" is a group mentoring program providing boys and young men with information and support to make informed choices about a range of healthy lifestyle practices. Through non-traditional physical activities, complemented with healthy eating support, participants are engaged in life skills, communication, and emotional health discussions designed to engage participants in the pursuit of life-long healthy lifestyles. Play On! is a pre-teen program for girls and is unique to Guelph. Play On! provides the same services as the Go Girls! program, but is preventive in nature, directed towards girls in grades 5 and 6. The program focuses on encouraging and enabling girls to choose a healthy, active lifestyle.

**Total Allocation: \$112,498**

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## **Big Brothers Big Sisters of North Wellington**

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110 Wellington Street. E., P.O. Box 1311

Tel: (519) 323-4273

Mount Forest, ON N0G 2L0

Fax: (519) 323-4359

[www.bbbsnorthwellington.org](http://www.bbbsnorthwellington.org)

[marianne.christie@bigbrothersbigsisters.ca](mailto:marianne.christie@bigbrothersbigsisters.ca)

### **Go Girls and Game On**

**Allocation: \$3,000**

Go Girls is a mentoring program designed to encourage physical activity, healthy eating choices and the development of a positive self-image among girls and young women between the ages of 12 and 14. Game On is a mentoring program that provides boys between the ages of 12 and 14 with information and support to make informed choices about a range of healthy lifestyle practices. Both programs are seven-sessions in length, led by volunteer mentors. The main goals of these programs are to develop an appreciation of the benefits of an active and healthy life.

**In-School Mentoring Program****Allocation: \$4,000**

The In School Mentoring program provides girls and boys in public school with a role model and a friend to talk to and share experiences of growing up, within school grounds. For one hour a week, volunteer mentors meet with their mentee and engage in activities such as board games, crafts or just hang out in the playground. The program requires a weekly visit of 1 hour for the duration of the school year. The program strives to provide a role model and a friend for girls and boys; promote the importance of staying in school and healthy relationships with family and peers; instill trust and self-confidence in order to make healthy decisions; encourage leadership skills and independent thinking; and above all, make a difference while having fun.

**One to One Mentoring****Allocation: \$20,680**

The One to One Match program is for children/youth between the ages of 6 and 18 who reside in the north part of Wellington County. This program pairs children/youth with a screened and trained mentor of the same gender for a safe mentoring relationship. Once matched, they get together once per week for activities which develop a trusting relationship. The relationship promotes the importance of staying in school and building healthy relationships with family and peers. It instills trust and self-confidence in order for children to make healthy decisions and encourages leadership skills and independent thinking. Abuse prevention is an important part of the organization's work with children. Children who are matched develop a high self-esteem which contributes to the development of responsible and productive citizens.

**Total Allocation: \$27,680**

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**Canadian Hearing Society**

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120 Ottawa Street. N., Suite 200  
Kitchener, ON, N2H 3K5  
www.chs.ca

Tel: (519) 744-6811  
Fax: (519) 821-8846  
info@chs.ca

**Hearing Care Counselling Program****Allocation: \$15,000**

The Hearing Care Counseling program provides communication and hearing support services which will enable people with hearing loss to carry out daily activities independently, safely, and with reduced communication difficulties, in their home environment or in long-term care facilities.

**Total Allocation: \$15,000**

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## **Canadian Mental Health Association: Waterloo Wellington Branch**

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80 Waterloo Ave.  
Guelph, ON N1H 0A1  
www.cmhaww.ca

Tel: 1-800-264-2993  
Fax: (519) 821-6139  
fwagner@cmhawwd.ca

### **Mental Health Promotion & Education Services** **Allocation: \$25,000**

The Mental Health Promotion & Education program promotes positive mental health within the community in order to enhance resiliency and capacity and to reduce discrimination and prejudice. Educational opportunities are offered within the community and also tailored workshops for organizations or community groups.

### **Spark of Brilliance** **Allocation: \$27,210**

The Spark of Brilliance program is a community-based mental health initiative that promotes healing, recovery and discovery through the expressive arts. Workshops provide a creative outlet for people who would not normally have the funds to participate in artistic activities and are open to people living with mental health issues and/or addictions and their supportive allies, including family members, friends, and mental health workers. Since 1999, Spark of Brilliance has been offering creative programming in safe, nonjudgmental and welcoming environments, where adults with a lived experience of mental health and/or addiction issues are free to express themselves creatively, where the focus is not on disability, but on strengths and ability.

### **YouthTALK** **Allocation: \$24,500**

The Youth Talk program supports youth to create and deliver peer-led projects that address the myths and realities of suicide and mental health concerns, promote resiliency and healthy coping, and provide useful information about local resources in Wellington and Dufferin. These projects allow students to develop leadership skills and create meaningful connections with their peers to raise awareness and increase coping skills.

➔ **Crisis Line: 1-844-HERE-247 (437-3247)**

**Total Allocation: \$76,710**

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## Canadian National Institute for the Blind

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151 Frederick Streetm Suit 201  
Kitchener, ON, N2H 2M2  
www.cnib.ca

Tel: (519) 742-3536  
Fax: (519) 742-4003  
info@cnib.ca

### **Beyond the Classroom**

**Allocation: \$10,000**

The Beyond the Classroom program helps students who are blind or partially sighted and their parents to navigate the education system from grade school to post-secondary education and become effective advocates. In addition, this program provides information and advice to educators who have a student in their classroom with sight loss.

### **Peer and Home-Based Support Program**

**Allocation: \$18,000**

The Peer & Home-Based Support program provides social and emotional support to adults and seniors who are blind or partially sighted and their families through Living with Sight Loss Groups, one-to-one peer support and mentorship in person, over the phone, or online, one-on-one sighted assistance at home (Vision Mate), and on-going informal groups.

**Total Allocation: \$28,000**

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## Centre Wellington Food Bank

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105 Queen Street W., Unit 11  
Fergus, ON, N1M 1S6  
www.cwfoodbank.org

Tel: (519) 787-1401  
Fax: (519) 787-2391  
cwfoodbank@wightman.ca

### **Healthy Fresh Food Program**

**Allocation: \$12,000**

The Healthy Fresh Food program provides more than 260 families with fresh food such as meat, dairy and vegetables. Baby food and formula, as well as diapers are provided to babies. The program enables the purchase of hygiene products for females and the elderly. All of this is delivered in an environment that focuses on dignity, justice and equality.

**Total Allocation: \$12,000**



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## **Chalmers Community Services Centre**

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41 Macdonell Street  
Guelph, ON N1H 2Z4  
www.chalmerscentre.ca

Tel: (519) 822-8778  
community@chalmerscentre.ca

### **Food Pantry**

**Allocation: \$30,000**

The Food Pantry program provides food, clothing, bedding, diapers, mending, and sundry household items to any person from Guelph who is in need. Support and referral is also available. The program strives to serve those in need without prejudice and all are welcome.

**Total Allocation: \$30,000**

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## **Child Witness Centre**

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111 Duke Street East  
Kitchener, ON, N2H 1A4  
www.childwitness.com

Tel: (519) 744-0904 OR 1 (888) 544 0904  
Fax: (519) 744-5379  
admin@childwitness.com

### **Child Witness Program**

**Allocation: \$8,000**

The Child Witness program provides trauma informed response for children and youth and their families, who are victims or witnesses of crime. They are provided with support and advocacy through the court process and they are informed, supported and included in the process. Children and youth are referred to the program by the police when charges are laid or by the Crown Attorney's office. They receive an individualized assessment by their caseworker which ensures that each child or youth and their caregiver(s) receive services tailored to their unique needs.

**Total Allocation: \$8,000**

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## **Community Engagement & Global Citizenship, Student Life**

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Student Life, University of Guelph  
158-50 Stone Road East  
Guelph, ON, N1G 2W1

Tel: (519) 824-4120 x52782  
Fax: (519) 824-2705  
www.studentlife.uoguelph.ca

### **Project Serve**

**Allocation: \$4,500**

The Project Serve Day aims to see students contributing in meaningful ways to the local community such that their engagement both benefits local agencies and fosters deeper learning and citizenship development for students. This aligns closely with the mission of providing students with the well-rounded experience to develop the person, the scholar, and the citizen.

**Total Allocation: \$4,500**

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## **Community Resource Centre of North & Centre Wellington**

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P.O. Box 442  
Fergus, ON, N1M 3E2  
www.communityresourcecentre.org

Tel: (519) 843-7000 OR 1 (866) 840-3249  
Fax: (519) 827-2122  
info@communityresourcecentre.org

### **Outreach and Support Services**

**Allocation: \$98,000**

The Outreach and Support program offers community based information, resources, and supports to low-income individuals and families in Centre Wellington, Wellington North, Minto, and Mapleton Townships. The focus is supporting those most at need in the community while promoting self-sufficiency and community involvement. The Outreach and Support programs do this by working alongside individuals and families to help them in addressing the need(s) that pose the greatest challenge(s) to their ability to move forward and remain successful in the community. By offering a case management approach, these community members can be helped in obtaining adequate housing and put the appropriate supports in place to alleviate these needs.

**Total Allocation: \$98,000**

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## Dufferin Child and Family Services

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655 Riddell Road  
Orangeville, ON L9W 4Z5  
www.dcafs.on.ca

Tel: (519) 941-1530  
Fax: (519) 941-1525  
jennifer.moore@dcafs.on.ca

### **GLOW (LGBTQ Youth Group)**

**Allocation: \$3,500**

The GLOW program hosts a weekly drop-in night for LGBTQ youth, between the ages of 14-21 years. A safe, positive space is provided, where youth can express themselves, discuss topics of interest, enjoy social activities, and develop leadership and advocacy skills. They work to help young LGBTQ youth to support each other in an anti-oppressive, non-judgmental atmosphere where they can be out with each other and support one another as they grow into adulthood. In the fall of 2017, the LGBTQ youth group decided to name this long standing support group “GLOW” (Gay, Lesbian OR Whatever).

**Total Allocation: \$3,500**

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## Dufferin Parent Support Network

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655 Riddell Road  
Orangeville, ON L9W 4Z5  
www.dpsn.ca

Tel: (519) 940-8678  
Fax: (519) 941-1525  
info@dpsn.ca

### **Group Parenting Education**

**Allocation: \$8,500**

The Group Parent Education program offers a series of free parenting workshops and promotes the development of children into well-rounded, productive adults by supporting and educating parents and providing opportunities to form positive community connections. Workshop topics are determined by community needs and program requests. Topics include communication, discipline, anger management, single parenting, advocacy and managing emotions. Dufferin County has a high proportion of parents who work in other regions and lack local family supports. Parental supports promote mental health and effective parenting.

**Total Allocation: \$8,500**

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## **Dunara Homes for Recovery**

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329 Gordon Street  
Guelph, ON N1G 1X7  
www.dunara.com

Tel: (519) 836-2332  
Fax: (519) 836-2352

### **Wellington Guelph Hoarding Response**

**Allocation: \$13,000**

The Wellington Guelph Hoarding Response program works in collaboration with community service partners by providing expertise, resources and support to assist individuals and service providers who are working with hoarding situations. The program focuses on information sharing, education, and building capacity throughout the community.

**Total Allocation: \$13,000**

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## **East Wellington Community Services**

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45 Main Street, P.O. Box 786  
Erin, ON, N0B 1T0  
www.eastwellingtoncommunityservices.com

Tel: (519) 833-9696  
Fax: (519) 833-7563  
info@ew-cs.com

### **Food Bank**

**Allocation: \$22,500**

The Food Bank program provides short-term food support to families and individuals in need. For the long-term, they are striving to discover and implement solutions to reduce hunger in East Wellington. Monthly food hampers, yearly assistance with income tax preparation, Kids to Camp and Adopt-a-Family Christmas Hamper programs are provided.

### **Community Support Services**

**Allocation: \$90,000**

The Community Support Services program offers residents of the Town of Erin and the Guelph-Eramosa Township the support services and outreach programs they need to become happy and healthy contributors in their community. Support services and resources are provided to those dealing with tragedies, illness, housing problems, financial hardship, family conflict and other circumstances that affect their overall health and well-being. Complimentary internet access offers community members the ability to find government forms and employment opportunities. Referrals are made to other programs and services offered in East Wellington and surrounding areas and provision is made for more intensive case management to those with mild to moderate mental health or substance use issues.

**Total Allocation: \$112,500**

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## **Family & Children's Services of Guelph and Wellington County**

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275 Eramosa Road, Box 1088  
Guelph, ON, N1H 6N3  
www.fcsgw.org

Tel: (519) 824-2410 OR (800)-265-8300  
Fax: (519) 763-9268  
info@fcsgw.org

### **Nurturing Neighbourhood Initiatives**

**Allocation: \$50,000**

The Nurturing Neighbourhoods program is a collective impact initiative between F&CS, Guelph Community Health Centre, Guelph Wellington Public Health and the Guelph Neighbourhood Support Coalition (GNSC). The Parent Outreach Worker program (POW), is a program that is delivered under the Nurturing Neighbourhoods Initiative. The program aims to build resilient communities by supporting vulnerable children and families to achieve optimal physical, mental, social, and emotional health. There are currently three projects under this initiative: POW, Hubs Creation, and Community-Driven Social Innovation Projects.

### **Give Yourself Credit**

**Allocation: \$25,000**

The Give Yourself Credit program is a non-traditional educational program that aims to help at risk youth achieve a high school education by offering a high level of support to address those social-emotional issues which are impacting on school success.

**Total Allocation: \$75,000**

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## **Family Counselling & Support Services for Guelph Wellington**

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109 Surrey Street E.  
Guelph, ON, N1H 3P7  
www.familyserviceguelph.on.ca

Tel: (519) 824-2431  
Fax: (519) 824-3598  
info@familyserviceguelph.on.ca

### **Financial Counselling**

**Allocation: \$65,000**

The Financial Health & Literacy program focuses on prevention and early intervention. This program provides financial counseling to assist people to better manage their financial resources. By understanding the nature of their spending, income sources and the community social networks available to them, they would be in a superior position to weather unexpected events that challenge their household resources.

### **Quick Access Affordable Counselling**

**Allocation: \$102,000**

The Quick Access Affordable Counseling program is a pivotal gateway into mental health services in Guelph-Wellington, not only assessing complex mental health

issues such as trauma and PTSD, but also assisting individuals, couples and families in learning skills such as: emotional regulation, stress management, healthy communication, and coping with grief, etc. Participants are assessed and provided linkage to appropriate services at FCSSGW and within the community. At the initial walk-in single session, participants will receive an early intervention mental health treatment plan that they can use in their day to day life. Participants will gain increased knowledge of relevant services in the community and how to access those services. When short term counseling is warranted, brief therapy services are arranged. Both walk-in single session and short term counseling are provided to participants with fees based on a sliding scale. No one is turned away for inability to pay.

**Total Allocation: \$167,000**

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## **Guelph Community Health Centre**

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176 Wyndham Street, N.  
Guelph, ON, N1H 8N9  
www.guelphchc.ca

Tel: (519) 821-6638  
Fax: (519) 821-6148  
info@guelphchc.ca

### **Garden Fresh Box**

**Allocation: \$18,000**

Garden Fresh Box program is a volunteer driven, non-profit, produce-buying initiative that provides customers with affordable fresh fruits and vegetables, all while supporting local farmers. It is believed that local food should be accessible to all, so everyone is welcome to participate in the program. A typical box contains 11-15 vegetables, and 3-4 types of fruit. Also, the program is low-commitment, as customers are able to sign up for the boxes on a per-month basis.

### **Toward Common Ground**

**Allocation: \$15,000**

The Toward Common Ground (TCG) program is a collaboration of 13 social and health service organizations that have worked together to create an innovative, sustainable collective planning model for Guelph & Wellington. The program works to identify needs and take collective action to improve the lives of people in Guelph & Wellington.

**Total Allocation: \$33,000**

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## **Guelph & District Multicultural Festival**

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123 Woolwich Street, 2nd Floor  
Guelph, ON, N1H 3V1  
www.gdmf.ca

Tel: (519) 836-7482  
info@gdmf.ca

### **Community Engagement**

**Allocation: \$3,500**

Throughout the three-day festival and all year long the GDMF uses the services of over 150 volunteers of all ages, backgrounds and skill sets. Be they old residents of Guelph or newcomers to Canada, professionals or school / university students, the GDMF volunteer program offers them a place to engage in the community and learn a wide gamut of skills by planning and producing a world class festival each year celebrating diversity and inclusivity. Volunteers are the driving force behind the festival.

**Total Allocation: \$3,500**

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## **Guelph & Wellington Task Force for Poverty Elimination**

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160 Chancellors Way  
Guelph, ON N1G 0E1  
www.gwpoverty.ca

Tel: (800) 265-7293 x4359  
info@gwpoverty.ca

### **Poverty Elimination**

**Allocation: \$25,000**

The Poverty Elimination program works collaboratively, informed by diverse voices of experience, to take local action and advocate for system and policy change to address the root causes of poverty. The Poverty Task Force (PTF) focuses on four priority areas: 1. Income Inequality, 2. Affordable Housing & Homelessness, 3. Food Insecurity, 4. Health Inequity.

**Total Allocation: \$25,000**

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## **Guelph Enabling Garden**

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P.O. Box 15  
Guelph, ON, N1H 6J6  
www.enablinggarden.org

Tel: (519) 837-2807  
enablinginfo@sympatico.ca

### **Volunteer Program**

**Allocation: \$10,000**

The Enabling Garden provides a cost free, living, interactive accessible environment within a public space that fosters a sense of belonging for the community. The Volunteer Coordinator invites, recruits and engages community members of all abilities and ages to assist in maintaining the Garden and assist with providing inclusive horticultural therapy workshops and programs.

**Total Allocation: \$10,000**

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## **Guelph Independent Living**

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255 Woodlawn Road W., Suite 207  
Guelph, ON, N1H 8J1  
www.guelphindependentliving.org

Tel: (519) 836-1812  
Fax: (519) 836-7918  
info@guelphindependentliving.org

### **Community Inclusion**

**Allocation: \$10,735**

The Community Inclusion program allows clients with physical impairments the ability to attend events, providing assistance with personal support needs by trained attendants and with expensive transportation costs for out-of-town excursions.

**Total Allocation: \$10,735**

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## **Guelph Neighbourhood Support Coalition**

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42 Carden Street  
Guelph, ON N1H 3A2  
www.guelphneighbourhoods.org

Tel: (226) 979-1739  
brendan.johnson@guelphneighbourhoods.org

### **Neighbourhood Wellbeing & Resiliency**

**Allocation: \$60,000**

The Neighbourhood Wellbeing & Resiliency program is city-wide in scope and aims to create greater equity of access to services and supports for all City of Guelph residents. The program also creates leadership opportunities for community members, builds collaboration and promotes sharing ideas and resources to build support and resiliency within neighbourhoods.

**Total Allocation: \$60,000**



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## **Guelph Wellington Seniors Association**

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c/o Evergreen Seniors Centre, 683 Woolwich Street  
Guelph, ON, N1H 3Y8  
www.gwsa-guelph.ca

Tel: (519) 823-1291  
Fax: (519) 823-8972  
gwsainfo@gmail.com

### **Community Support Services**

**Allocation: \$142,000**

The Community Support Services program provides senior, peer-led programs for older adults and their caregivers, which encourages healthy aging, independence, and quality of life. Through a broad health promotion focus, the program supports healthy behaviours which in turn, help both program participants and the volunteers who support them, build social connectedness and reduce their risk of isolation. Front line service delivery is facilitated by trained volunteers, the majority of whom are seniors and through their similar life experiences, provide encouragement, support, empowerment and the skills for self-management.

**Total Allocation: \$142,000**

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## **Guelph-Wellington Women in Crisis**

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38 Elizabeth Street  
Guelph, ON, N1E 2X2  
www.gwwomenincrisis.org

Tel: (519) 836-1110 OR 1 (800) 265-7233  
Fax: (519) 836-1979  
adminsac@gwwomenincrisis.org

### **Rural Woman's Support Program**

**Allocation: \$45,000**

The Rural Women's Support program provides confidential assistance to women and their children living in Wellington County, who are or have been in abusive relationships, survivors of childhood sexual abuse, sexual assault or harassment. Transportation may be arranged whenever needed, as well as accompaniment to police, court, hospital, lawyer's office, or to the shelter. Individual counseling, group support, advocacy and referrals to other community partners, as well as housing, legal, financial and custody information is provided. The rural offices are located in Palmerston, Fergus, Erin and Mount Forest and can be accessed directly or through the toll free line.

**Sexual Assault Centre****Allocation: \$27,223**

The Sexual Assault Centre provides confidential individual counseling to women 16 and older who have been sexually assaulted/abused or harassed, recently or in the past. Support and information for friends and family of sexual assault victims is offered. Facilitated groups for survivors of sexual assault, stalking, or childhood sexual abuse/incest or sexual harassment are provided along with support and accompaniment to police, court, or hospital.

➔ **Crisis Line: (519) 836-5710 OR 1 (800) 265-7233**

**Total Allocation: \$72,223**

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**Headwaters Communities in Action**

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246372 Hockley Road

Mono, ON L9W 6K4

[www.headwaterscommunities.org](http://www.headwaterscommunities.org)

Tel: (519) 940-3118

[action@headwaterscommunities.ca](mailto:action@headwaterscommunities.ca)**Community Wellbeing****Allocation: \$20,500**

The Community Wellbeing program improves community capacity, resilience and well-being in Dufferin County and Headwaters Region. HCIA's work is positioned at the intersection of various community well-being (CWB) priorities and community development. Based on the foundations of a healthy community, CWB is measured and reported on a regular basis. On-going community development then happens through identified priorities and emerging and established programs that are linked to CWB. Through various connections, engagement and leadership within key sectors, HCIA serves as a backbone organization. Collaborations are supported across sectors and help engage citizens to participate in their community, support the inception and growth of priority projects, and strengthen the community through collective impact. This combined work of projects and programs helps to increase the vitality of this rural community and work collectively towards a better future.

**Total Allocation: \$20,500**

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## Hospice Wellington

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795 Scottsdale Drive  
Guelph, ON, N1G 3R8  
www.hospicewellington.org

Tel: (519) 836-3921  
Fax: (519) 836-2154  
info@hospicewellington.org

### **Grief & Bereavement Program**

**Allocation: \$49,000**

The Grief & Bereavement program includes one-to-one social work support, one-to-one peer support with trained hospice volunteers, as well as grief and bereavement support groups. This program addresses the various stages of grief, educates community members of the natural processes of bereavement, and teaches coping skills when dealing with loss.

### **Wellness Program**

**Allocation: \$9,500**

The Wellness Program addresses the needs of community members with an end-of-life illness and their families and caregivers. The program provides a space for clients to receive social and emotional support in a comfortable setting, while providing respite for family members and caregivers to recharge and alleviate the stress associated with caregiving.

**Total Allocation: \$58,500**

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## Immigrant Services Guelph-Wellington

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104 Dawson Road, Unit 102  
Guelph, ON, N1H 1A6  
www.is-gw.ca

Tel: (519) 836-2222  
Fax: (519) 837-2884  
info@is-gw.ca

### **Mobilized, Engaged, Involved**

**Allocation: \$35,000**

The Mobilized, Engaged, Involved program supports newcomers by assisting them to feel connected to their community through volunteer and mentorship opportunities with non-newcomers. Through one-on-one activities and through the family- to- family mentorship program, MEI helps newcomers connect with new social supports which will help to reduce social isolation and further develop a sense of belonging to their community.

**Total Allocation: \$35,000**

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## **John Howard Society of Waterloo-Wellington**

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85 Westmount Road  
Guelph, ON, N1H 5J2  
www.waterloo.johnhoward.on.ca

Tel: (519) 836-1501  
Fax: (519) 836-9944  
inquiries@waterloo.johnhoward.on.ca

### **Bullying Prevention/ Social Competency Program** **Allocation: \$8,500**

The Bullying Prevention/Social Competency program is a school-based program to increase knowledge and foster development in social competency such as self-monitoring, appropriate problem solving, knowing when to seek help and recognizing passive, aggressive and assertive choices. The program also explores the roles of the bully, bullied and bystander and discusses choices and outcomes. Cyber-bullying and appropriate electronic communication skills are reviewed in junior and intermediate classes.

### **Community Aftercare** **Allocation: \$14,000**

The Community Aftercare Program serves adults who have previously offended/been incarcerated by providing them with counseling and community integration supports leading to positive mental health and well-being, while equipping them to be better able to handle life's challenges. The program also assists clients in improving communication, emotion regulation and confidence for building positive relationships with family and community members. Reducing isolation is a primary goal to helping clients achieve personal well-being. This program is particularly helpful for clients who are reluctant or unable to seek out and utilize community resources. The advocacy provided connects them to treatment services they would not otherwise access on their own. The provision of discharge planning services to inmates who intend to return to the Guelph area upon their release is another important part of the program. Through correspondence and telephone contacts, the Coordinator assists inmates in setting up a practical plan for reintegration into the community and after their release will connect individuals to community resources and support networks and provides ongoing counseling for as long as needed to achieve successful reintegration, personal well-being and healthy communities.

**Total Allocation: \$22,500**

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## Lakeside HOPE House

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10 Cork Street E.,  
Guelph, ON N1H 2W8  
www.lakesidehopehouse.ca

Tel: (519) 265-4299  
info@lakesidehopehouse.ca

### **ReFresh: Bringing Good Food Home**

**Allocation: \$10,000**

This program is a partnership with Bayer CropScience. HOPE House plants and seeds more than 3 acres of land on a donated farm plot. This crop is used to supply the Food Market with fresh produce throughout the summer and fall months. The farm plot is maintained using a summer student and a team of volunteers to weed and harvest the fresh produce. Each year, more than 50,000 lbs of fresh produce is harvested, and because it cannot all be used without it going to waste, a large portion of it (more than 40%) is shared with other community service providers, including the North End Market, Chalmers, Salvation Army and the Neighbourhood Groups. This ensures that people accessing different service points throughout the city can get good-quality, farm fresh produce.

**Total Allocation: \$10,000**

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## Learning Disabilities Association Guelph-Wellington

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#233-17A-218 Silvercreek Pkwy N.  
Guelph, ON, N1H 8E8  
www.ldawc.ca

Tel: (519) 837-2050  
info@ldawc.ca

### **Information, Referral & Support Program**

**Allocation: \$40,250**

The Information Referral & Support Program provides information and support via email and phone with regard to the resources available to adults in the Guelph/Wellington community for Learning Disabilities and ADHD. The program offers workshops facilitated by local professionals.

**Total Allocation: \$40,250**

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## March of Dimes Canada

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291 King Street., 3<sup>rd</sup> Floor  
London, ON, N6B 1R8  
www.marchofdimes.ca

Tel: (519) 642-3700 x7068 OR 1 (877) 369-4867  
Fax: (519) 432-4923  
dullman@marchofdimes.ca

### **Assistive Devices Program**

**Allocation: \$14,000**

The Assistive Devices program serves adults and seniors who are in financial need, who are 19 years of age and over, are permanent residents of Ontario, and who have a permanent physical disability. The program helps to purchase, repair, and maintain a wide variety of mobility or assistive equipment. Assistive Devices are very costly and often not affordable for vulnerable persons living in poverty who need them. The program works to ensure that funding is secured to purchase basic and essential assistive devices. Without assistive devices, people with disabilities find it impossible to move about their homes, attend medical appointments, bathe, shop for essentials or access any of the social and health-related services the community has to offer them. Independence both in the home and in the community is critical to the health and well-being of individuals.

**Total Allocation: \$14,000**

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## Michael House Pregnancy Care Centre

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187 Bristol Street  
Guelph, ON, N1H 3M2  
www.michaelhouse.ca

Tel: (519) 766-7675  
Fax: (519) 766-7659  
office@michaelhouse.ca

### **Residential Program**

**Allocation: \$50,000**

The Residential Program is a six-bedroom home that provides shelter and support for women who are pregnant or newly-parenting and who are either homeless or living in situations that are unsafe. The goals of the program are to provide a safe environment, food and access to community supports for women pregnant or parenting a child under the age of three; to help empower the women to move forward in their goals, with a focus on life-skills, parenting and formal education; and to help women dealing with trauma, mental health issues or addictions get the help they need from community supports in order for those women to provide a safe and secure environment for their child(ren). Residents complete a detailed program addressing risk factors such as isolation, homelessness, mental health or addiction issues. The Residential Program aims to break the cycles of poverty and abuse. The goal is to keep families intact and reduce the number of children growing up in the Child Welfare system.

**Supportive Transitional Housing Program****Allocation: \$10,000**

The Supportive Transitional Housing Program is comprised of 8 two-bedroom apartments providing housing with support to mothers and their children who require a safe and affordable place to live. The goals of the program are: to reduce the risk of homelessness or housing instability for women who are parenting on their own and have limited personal resources; to provide a stable environment for children during their formative years, and to prevent isolation and foster community supports and networks for the young family. The program is designed to provide a safety net for mother and child at a critical time in their lives. Residents live independently in their own two-bedroom apartments complete with a kitchen and bathroom while still receiving Michael House supports and never paying more than 30% of their income. The program, with the help of a dedicated support worker, will develop their strengths and resources to address issues that may prevent them from providing a stable and secure environment for their children. This process will include regular check-ins to evaluate goals, progress, and concerns, all in a comfortable, home-like setting full of bright communal spaces where moms and babies can enjoy the company of other young families.

**Total Allocation: \$60,000**

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**Mood Disorders Support Group of Guelph**

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P.O. Box 873  
Guelph, ON, N1H 6M6  
www.mdsgg.ca

Tel: (519) 766-4477  
Fax: (519) 766-7736  
info@mdsgg.ca

**Mood Disorders Support Group****Allocation: \$8,500**

The Mood Disorders Support Group is an all-inclusive, non-profit, self-help, peer support group for those challenged by a mental illness and the families and friends that support them. The purpose of the program is to work with community partners, to meet and share experiences in support of one another, to inform and educate themselves, mental health professionals and the public and to eliminate discrimination and social stigma surrounding mental illness and mood disorders.

**Total Allocation: \$8,500**

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## **PIN – The People and Information Network**

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46 Cork Street E., Unit 1  
Guelph, ON, N1H 2W8  
www.pinnetwork.ca

Tel: (519) 822-0912 OR 1 (866) 693-3318  
Fax: (519) 822-1389  
info@pinnetwork.ca

### **Community Information Program**

**Allocation: \$85,000**

The Community Information Program addresses the challenge of understanding and navigating social programs and services by collecting, maintaining and disseminating information about essential human services in a free, public and regularly updated online resource that is searchable and accessible in a variety of media, including an "info-line" telephone service for community members who are not able to access this information through the internet. This database is a community asset relied upon by individuals and organizations alike. The program goal is to foster the development of informed individuals and organizations. This is done by creating a higher level of awareness of human services and programs that exist in Guelph and Wellington County, thereby enabling the public to access services appropriately.

### **Volunteer Services**

**Allocation: \$65,000**

The Volunteer Services program addresses the need of individuals to know where and how to become involved by referring potential volunteers to opportunities in the community. The referral services are provided through trained staff and volunteers in the office, over the phone, by email and through an online volunteer opportunity database. The program promotes volunteerism to inspire and motivate people to find meaningful volunteer opportunities so they, in turn, become advocates for volunteerism. This program also addresses the need of organizations to effectively manage their volunteers and programs in order to meet their mission and vision. The approach with local non-profit organizations and charities is to provide opportunities, resources and training to support good management practices and leadership.

**Total Allocation: \$150,000**



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## Rainbow Programmes for Children

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304 Stone Road West, Suite 337  
Guelph, ON, N1G 4W4  
www.rainbowdaycamp.com

Tel: (519) 837-0387  
info@rainbowdaycamp.com

### **Inclusive Summer Day Camp**

**Allocation: \$14,000**

The Inclusive Summer Day Camp provides a fully inclusive, non-profit summer camp that offers hundreds of children each year a fun and memorable camp experience. This program strives to provide a caring and open environment, which embraces diversity and encourages personal growth, according to each individual's strength and abilities. Camp is comprised of very traditional activities (crafts, singing, sport games, cooking, etc.) in the morning and going swimming in the afternoon. All programs and activities are run at the University of Guelph.

**Total Allocation: \$14,000**

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## Shelldale Family Gateway

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20 Shelldale Crescent  
Guelph, ON, N1H 1C8  
www.bbbfguelph.ca

Tel: (519) 824-8498  
Fax: (519) 824-2361  
info@bbbfghuelph.ca

### **Youth Resiliency Program**

**Allocation: \$47,500**

The Youth Resiliency Program is designed to support vulnerable, at-risk youth in the Onward Willow/Shelldale community. The youth who participate in the programs struggle with many issues including: poverty, domestic and community violence, learning disabilities, mental health, drug addiction as well as racism and discrimination. A variety of recreational, social and educational programs that will be engaging for youth participation are offered. The youth will have the opportunity to participate at least three times a week throughout the year which will allow for personal growth. The goals are to improve communication skills, learn to play as a team, build stronger self-worth, improve leadership development skills and develop healthy friendships. As the youth develop these skills they are encouraged to play a stronger role in program development and volunteering within their community.

**Total Allocation: \$47,500**

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## **St. John Ambulance – Fergus / Elora Branch**

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181 St. Andrew Street E., Unit 5  
Fergus, ON, N0B 1S0  
www.sja.ca

Tel: (226) 971-0524  
fergus@on.sja.ca

### **Therapy Dog Program**

**Allocation: \$2,000**

The Therapy Dog Program provides the therapeutic presence of a dog to residents in care facilities to help break down the barriers of loneliness, rejection and despair. The volunteer handler, along with their dog, makes a commitment of time to visit on a regular basis and provides the time needed for bonding to take place.

**Total Allocation: \$2,000**

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## **St. John Ambulance – Guelph Branch**

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1007 York Road, Unit 5  
Guelph, ON, N1E 6Y9  
www.sja.ca

Tel: (519) 821-3400  
Fax: (519) 821-4223  
guelph@on.sja.ca

### **Therapy Dog Program**

**Allocation: \$3,000**

The Therapy Dog teams (handlers/dogs) continue to increase in popularity. The compassionate teams provide unconditional love, affection and a therapeutic presence to the community's most vulnerable, during regularly scheduled visits at nursing/retirement homes, hospitals, Hospice Wellington, schools, libraries and the University of Guelph (exam Stress Busters Program).

**Total Allocation: \$3,000**

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## **Torchlight**

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236 Victoria Road S., P.O. Box 1027  
Guelph, ON, N1H 6N1  
www.torchlightcanada.org

Tel: (519) 821-3761  
Fax: (519) 821-8190  
info@communitytorchlight.com

### **Distress Line Listening Services**

**Allocation: \$80,000**

The Distress Line may be used by people living with mental or physical health issues, situational challenges (e.g. spousal abuse, bullying, homelessness) and/or grief and loss, amongst other real life circumstances. The highly skilled volunteers

provide compassionate listening support and solution-focused conversation that assist in identifying new directions toward a more satisfying, joyful and fulfilling life with strength and resilience.

➔ **Distress Line: 1 (888) 821-3760**

**Total Allocation: \$80,000**

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## **United Way Guelph Wellington Dufferin**

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85 Westmount Road  
Guelph, ON, N1H 5J2  
www.unitedwayguelph.com

Tel: (519) 821-0571  
Fax: (519) 821-7847  
info@unitedwayguelph.com

### **Community Impact & Implementation**

**Allocation: \$294,856**

United Way's Community Impact mission is to improve lives and build community by engaging individuals and mobilizing collective action. Community impact is about achieving meaningful, long-term improvements to quality of life in Guelph, Wellington and Dufferin communities by addressing not just the symptoms of problems, but also the root causes. The staff work closely with local community groups – those that receive United Way funds and those that do not – to address the social service issues identified through research activities.

**Total Allocation: \$294,856**

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## **Upper Grand/Wellington Catholic District School Board**

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500 Victoria Road North  
Guelph, ON N1E 6K2  
www.ugdsb.ca

Tel: (519) 822-4420  
Fax: (519) 822-4487  
inquiry@ugdsb.on.ca

### **Student Volunteer Recognition Scholarships**

**Allocation: \$3,500**

The Student Volunteer Recognition program recognizes high school graduates who have made significant volunteer contributions during their high school experience. An award is given annually to a graduating student from each Public and Catholic high school in Guelph, Wellington and Dufferin.

**Total Allocation: \$3,500**

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## **Victorian Order of Nurses Waterloo Wellington Dufferin**

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392 Main Street North, Unit 4  
Mount Forest, ON N0G 2L2  
www.von.ca

Tel: (519) 323-2330 OR (888) 506-6353  
Fax: (519) 323-9655  
michelle.martin@von.ca

### **Subsidy Transportation**

**Allocation: \$10,000**

The Subsidy Transportation program provides affordable transportation for seniors and adults with disabilities who are unable to use regular transit services. Rides provided are for adult day programs, dialysis, medical and rehabilitation programs.

### **Meals on Wheels Guelph/Wellington**

**Allocation: \$20,500**

The Meals on Wheels program encourages seniors and adults with disabilities to have a hot, nutritious and affordable meal in the comfort of their own home. The hot meal is delivered by a volunteer who provides a friendly check that helps boost their social well-being by reducing some of the social isolation that seniors and adults with disabilities experience.

**Total Allocation: \$30,500**

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## **Welcome In Drop-In Centre**

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23 Gordon Street  
Guelph, ON, N1H 4G9  
www.dropincentreguelph.com

Tel: (519) 837-0080  
Fax: (519) 837-2637  
dropinc@rogers.com

### **Drop-In Centre**

**Allocation: \$90,000**

The Drop-In Centre provides access to food, shelter and a connection to resources that will improve an individual's quality of life as defined by that individual. People who live in poverty often experience food insecurity and social isolation. The Drop-In Centre is open every day of the year, including holidays, from 8 am - 3 pm for individuals who may otherwise be isolated to come together and have a meal. Individuals and families are helped to access shelter if they find themselves homeless and support is given to people to stay housed if they are going through a situational crisis that threatens their housing stability. This support can be done financially or with support and advocacy with staff.

**Total Allocation: \$90,000**

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## Wellington County Learning Centre

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207A George Street  
Arthur, ON, N0G 1A0  
www.thewclc.ca

Tel: (519) 848-3462  
Fax: (519) 848-9354  
literacy@thewclc.ca

### **Just for YOUth Literacy**

**Allocation: \$25,000**

The Just for YOUth program is a rural program, designed to help children and youth strengthen their literacy skills and apply their knowledge, to improve self-esteem, confidence and overall belief in their abilities and accomplish tasks and activities in their daily lives.

### **Bridges Out of Poverty: Circles**

**Allocation: \$19,500**

The Circles program helps those in poverty become self-sustainable and live off of social assistance. The goal is to help people in poverty in rural areas of Wellington County obtain and maintain sustainable income by gaining employment. Steps to gain suitable employment include academic upgrading, increases in social capacity/networks, food security and a stable living environment.

**Total Allocation: \$44,500**

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## Wyndham House

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311 Woolwich Street Unit C  
Guelph, ON, N1H 3W4  
www.wyndhamhouse.org

Tel: (519) 822-4400  
Fax: (519) 822-9613  
info@wyndhamhouse.org

### **Youth Resource Centre**

**Allocation: \$101,000**

The Youth Resource Centre is a “one stop” shop designed specifically for youth, to ensure that they receive barrier-free access to the services youth need in the community. This central access point supports youth in attaining identification, access to food, clothes, outreach workers, affordable housing listings, and other supports needed.

**Long-Term Transitional Housing Program****Allocation: \$99,700**

The Long-term Transitional Housing program understands that housing means far more than a roof overhead or a place to eat a meal. For residents it means a space where youth are empowered to stabilize their lives, develop skills, make impactful decisions, contribute to their community and ultimately reach their full potential. In order to foster this philosophy, they are offered a variety of programs that ensure that homeless and at risk youth have access to housing options that meet their needs and the opportunity to make healthy decisions, complete their high school education and bring greater stability to their lives.

**Total Allocation: \$200,700****YMCA/YWCA of Guelph**

130 Woodland Glen Drive  
 Guelph, ON N1G 4M3  
 www.guelphy.org

Tel: (519) 824-5150  
 Fax: (519) 824-4729  
 contact@guelphy.org

**Teenage Parents Program (TAPPS)****Allocation: \$36,100**

The Teenage Parents program is a free program that offers a safe, non- judgmental place where pregnant and parenting teen mothers and fathers can belong and grow as parents. Support, information and resources are offered to pregnant and parenting mothers between the ages of 14 and 21. Also offered is a drop-in support group, three times a week, during which childcare and a warm meal are provided, and presentations and /or discussions based on parenting, mental health, and social services topics are offered.

**Total Allocation: \$36,100**

*United Way may issue emergency funding to social service agencies in Guelph, Wellington County and Dufferin County should urgent needs arise.*

# Index of Agencies & Programs by Focus Area

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## From Poverty to Possibility – Adequate Basic Needs

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- Programs funded in this category – 14
- United Way investment in this category – \$ 646,200

### **Centre Wellington Food Bank**

- Healthy Fresh Food Program

### **Chalmers Community Services Centre**

- Food Pantry

### **Community Resource Centre of North and Centre Wellington**

- Outreach & Support Services

### **East Wellington Community Services**

- Food Bank

### **Family Counselling & Support Services for Guelph and Wellington County**

- Financial Counselling

### **Guelph Community Health Centre**

- Garden Fresh Box

### **Lakeside HOPE House**

- ReFresh: Bringing Good Food Home

### **Michael House Pregnancy Care Centre**

- Residential Program
- Supportive Transitional Housing Program

### **Victorian Order of Nurses Waterloo Wellington Dufferin**

- Meals on Wheels – Guelph/Wellington County

### **Welcome In Drop-In Centre**

- Drop-In Centre

### **Wellington County Learning Centre**

- Bridges Out of Poverty: Circles

### **Wyndham House**

- Long Term Transitional Housing Program
- Youth Resource Centre

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## **Strong Communities – Sense of Belonging**

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- Programs funded in this category – 10
- United Way investment in this category – \$323, 625

### **Action Read Community Literacy Centre**

- Adult Program for Community Inclusion

### **Family & Children’s Services of Guelph and Wellington County**

- Nurturing Neighbourhood Initiatives

### **Guelph & District Multicultural Festival**

- Community Engagement

### **Guelph Independent Living**

- Community Inclusion

### **Guelph Neighbourhood Support Coalition**

- Neighbourhood Wellbeing & Resiliency

### **Hospice Wellington**

- Wellness Program

### **Immigrant Services Guelph-Wellington**

- Mobilized, Engaged, Involved

### **Learning Disabilities Association of Wellington County**

- Information, Referral & Support Program

### **PIN – The People and Information Network**

- Volunteer Services Guelph

### **University of Guelph Community Engagement & Global Citizenship**

- Project Serve

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## **Strong Communities – Positive Mental Health**

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- Programs funded in this category – 16
- United Way investment in this category – \$659, 533

### **ARCH: HIV/AIDS Resources and Community Health**

- HIV/AIDS Prevention & Support Program

### **Canadian Mental Health Association Waterloo Wellington**

- Mental Health Promotion & Education Services
- Spark of Brilliance
- Youth Talk



### **Child Witness Centre**

- Child Witness Program

### **Dunara Homes for Recovery**

- Wellington Guelph Hoarding Response Program

### **East Wellington Community Services**

- Community Support Services

### **Family Counselling & Support Services for Guelph Wellington**

- Quick Access Affordable Counselling

### **Guelph-Wellington Women in Crisis**

- Rural Women's Support Network
- Sexual Assault Centre

### **Hospice Wellington**

- Grief & Bereavement Support

### **John Howard Society of Waterloo-Wellington**

- Community Aftercare

### **Mood Disorders Support Group of Guelph**

- Mood Disorders Support Group

### **PIN – The People and Information Network**

- Community Information Guelph

### **Torchlight**

- Distress Line Listening Services

### **YMCA- Guelph**

- Teenage Parents Program (TAPPS)

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## **Strong Communities – Connected Seniors**

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- ➡ Programs funded in this category – 9
- ➡ United Way investment in this category – \$224, 000

### **Alzheimer Society Waterloo-Wellington**

- Rural Outreach Services

### **Canadian Hearing Society**

- Hearing Care Counselling Program

### **Canadian National Institute for the Blind (CNIB)**

- Peer & Home-Based Support

### **Guelph Enabling Garden**

- Volunteer Program

### **Guelph Wellington Seniors Association**

- Community Support Services

## **March of Dimes Canada**

- Assistive Devices Program

## **St. John Ambulance – Fergus/Elora Branch**

- Therapy Dog Program

## **St. John Ambulance – Guelph Branch**

- Therapy Dog Program

## **Victorian Order of Nurses Waterloo Wellington Dufferin**

- Subsidy Transportation

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## **All That Kids Can Be – Confident Kids**

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- ➔ Programs funded in this category – 16
- ➔ United Way investment in this category – \$312,178

## **Action Read Community Literacy Centre**

- Early Start Family Literacy

## **Autism Ontario – Wellington County Chapter**

- Summer Programming

## **Big Brothers Big Sisters of Centre Wellington**

- One to One Match Program

## **Big Brothers Big Sisters of Dufferin & District**

- Match Program
- In-School Mentoring

## **Big Brothers Big Sisters of Guelph**

- Big Bunch Group Program
- In-School Mentoring Program
- One to One Community Match Program
- School-Based Mentoring Programs

## **Big Brothers Big Sisters of North Wellington**

- Go Girls and Game On
- In-School Mentoring Program
- Match Program

## **Canadian National Institute for the Blind (CNIB)**

- Beyond the Classroom

## **Dufferin Child and Family Services**

- GLOW (LGBTQ Youth Group)

## **Dufferin Parent Support Network**

- Group Parenting Education

## **Family & Children's Services of Guelph and Wellington County**

- Give Yourself Credit

## **John Howard Society of Waterloo-Wellington**

- Bullying Prevention/Social Competency Program

## **Rainbow Programmes for Children**

- Inclusive Summer Day Camp

## **Shelldale Family Gateway**

- Youth Resiliency Program

## **Wellington County Learning Centre**

- Just for YOUth Literacy

# **Index of Other Agencies & Programs by Focus Area**

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## **Special Programs**

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- ➞ Programs funded in this category – 3
- ➞ United Way investment in this category - \$ 60,500

## **Guelph Community Health Centre**

- Toward Common Ground

## **Guelph & Wellington Task Force for Poverty Elimination**

- Poverty Elimination

## **Headwaters Communities in Action**

- Community Wellbeing

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## **Scholarships**

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- ➞ Programs funded in this category – 1
- ➞ United Way investment in this category - \$ 3,500

## **Upper Grand/ Wellington Catholic District School Board**

- Student Volunteer Recognition

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## **United Way**

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- ➞ Programs funded in this category – 1
- ➞ United Way investment in this category - \$ 294,856

## **United Way Guelph Wellington Dufferin**

- Community Impact & Implementation

# Index of Agencies & Programs by Geography

*The following information is taken from service areas indicated to United Way by each agency.*

Agency	Program	Areas Served		
		Guelph	Wellington	Dufferin
Action Read Community Literacy Centre	Early Start Family Literacy	✓		
	Adult Program for Community Inclusion	✓	✓	
Alzheimer Society Waterloo-Wellington	Rural Outreach Services	✓	✓	
ARCH: HIV/AIDS Resources & Community Health	HIV/AIDS Prevention & Support Program	✓	✓	✓
Autism Ontario – Wellington County Chapter	Summer Programming	✓	✓	
Big Brothers Big Sisters of Centre Wellington	One to One Match Program		✓	
Big Brothers Big Sisters of Dufferin & District	Match Program			✓
	In-School Mentoring			✓
Big Brothers Big Sisters of Guelph	Big Bunch Group Program	✓		
	One to One Community Match	✓	✓	
	School-based Mentoring	✓		
	In-School Mentoring Program	✓	✓	
Big Brothers Big Sisters of North Wellington	Go Girls and Game On		✓	
	In-School Mentoring		✓	
	One to One Match Program		✓	
Canadian Hearing Society	Hearing Care Counselling Program	✓	✓	✓
Canadian Mental Health Association Waterloo Wellington	Mental Health Promotion & Education Services	✓	✓	
	Spark of Brilliance	✓		
	YouthTALK	✓	✓	
Canadian National Institute of the Blind	Peer and Home Based Support Program	✓	✓	✓
	Beyond the Classroom	✓	✓	✓
Centre Wellington Food Bank	Healthy Fresh Food	✓	✓	

Agency	Program	Areas Served		
		Guelph	Wellington	Dufferin
Chalmers Community Services Centre	Food Pantry	✓		
Child Witness Centre	Child Witness Program	✓	✓	
Community Engagement & Global Citizenship, Student Life	Project Serve	✓		
Community Resource Centre of North and Centre Wellington	Outreach and Support Services		✓	
Dufferin Child and Family Services	GLOW (LGBTQ Youth Group)			✓
Dufferin Parent Support Network	Group Parent Education			✓
Dunara Homes for Recovery	Wellington Guelph Hoarding Response	✓	✓	
East Wellington Community Services	Community Support Services		✓	
	Food Bank	✓	✓	
Family and Children's Services of Guelph and Wellington County	Nurturing Neighbourhood Initiatives	✓		
	Give Yourself Credit	✓	✓	
Family Counselling and Support Services for Guelph Wellington	Financial Counselling	✓	✓	
	Quick Access Affordable Counseling	✓	✓	
Guelph Community Health Centre	Garden Fresh Box	✓	✓	
	Toward Common Ground	✓		
Guelph & District Multicultural Festival	Community Engagement	✓		
Guelph Enabling Garden	Volunteer Program	✓	✓	✓
Guelph Independent Living	Community Inclusion	✓		
Guelph Neighbourhood Support Coalition	Neighbourhood Wellbeing & Resiliency	✓		
Guelph & Wellington Task Force for Poverty Elimination	Poverty Elimination	✓		
Guelph Wellington Seniors Association	Community Support Services	✓		
Guelph-Wellington Women in Crisis	Rural Woman's Support Program	✓	✓	
	Sexual Assault Centre	✓		
Headwaters Communities in Action	Community Wellbeing			✓
	Grief & Bereavement	✓	✓	

Agency	Program	Areas Served		
		Guelph	Wellington	Dufferin
Hospice Wellington	Wellness Program	✓		
Immigrant Services Guelph-Wellington	Mobilized, Engaged, Involved	✓		
John Howard Society of Waterloo-Wellington	Bullying Prevention/Social Competency	✓		
	Community Aftercare	✓	✓	
Lakeside HOPE House	ReFresh: Bringing Good Food Homes	✓		
Learning Disabilities Association Guelph-Wellington	Information, Referral & Support Program	✓	✓	
March of Dimes Canada	Assistive Devices Program	✓	✓	✓
Michael House Pregnancy Care Centre	Residential Program	✓	✓	✓
	Supportive Transitional Housing Program	✓	✓	
Mood Disorders Support Group of Guelph	Mood Disorders Support Group	✓	✓	
PIN – The People and Information Network	Community Information Program	✓	✓	
	Volunteer Services	✓	✓	
Rainbow Programmes for Children	Inclusive Summer Day Camp	✓	✓	
Sheldale Family Gateway	Youth Resiliency Program	✓		
St. John Ambulance - Fergus/Elora Branch	Therapy Dog Program		✓	
St. John Ambulance – Guelph Branch	Therapy Dog Program	✓	✓	
Torchlight	Distress Line Listening Services	✓	✓	
United Way Guelph Wellington Dufferin	Community Impact	✓	✓	✓
Upper Grand District School Board/ Wellington Catholic School Board	Student Volunteer Recognition	✓	✓	
Victorian Order of Nurses Waterloo Wellington Dufferin	Subsidy Transportation	✓	✓	
	Meals on Wheels – Guelph/Wellington	✓	✓	
Welcome In Drop-In Centre	Drop-In Centre	✓	✓	
Wellington County Learning Centre	Just for YOUth Program			✓
	Bridges Out of Poverty: Circles		✓	

Agency	Program	Areas Served		
		Guelph	Wellington	Dufferin
Wyndham House	Long-term Transitional Housing Program	✓	✓	
	Youth Resource Centre	✓	✓	
YMCA/YWCA of Guelph	Teenage Parents Program (TAPPS)	✓		

*For more information about the programs receiving funding from United Way Guelph Wellington Dufferin, visit our website at **unitedwayguelph.com**. You'll find videos and stories about how the programs we fund are helping people in our community.*

**United Way. Change starts here.**



**United Way**  
Guelph Wellington  
Dufferin

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