

We love where we live, but issues like poverty, homelessness and mental illness are hurting our communities. By showing your local love, you can change that. You can make local issues **#UNIGNORABLE**.



SHOW YOUR LOCAL LOVE.

DONATE TODAY

Your donation to United Way supports more than 50 local charities that help thousands of people in our community. Please give generously.

Contribute through payroll deduction at your workplace.

Authorize monthly donations from your credit card or bank account.

Give a one-time donation by cash, cheque or credit card.

Donate by mail, phone or online
unitedwayguelph.com/donate

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Registered Charitable Number:
10745 7053 RR0001

Thanks to
our sponsor:



**LOCAL
ISSUES
CAN BE
EASY TO
IGNORE**



United Way
Guelph Wellington
Dufferin

**HELP
MAKE THEM
#UNIGNORABLE**



One in ten Canadians
live in poverty.



An estimated 35,000
Canadians are homeless
on any given night.

About one in four young people
aged nine to 19 in Canada live with
a mental illness.

SHOW YOUR LOCAL LOVE

Your generosity powers United Way's work in the community. It allows us to tackle persistent, #UNIGNORABLE issues that are preventing far too many individuals and families from getting ahead. When you show your local love for community, you're helping create pathways out of poverty so that everyone can thrive.

#UNIGNORABLE ISSUE

We all deserve to have access to fresh, affordable and healthy food. Yet, 17% of our community's households experience food insecurity – the inability to access food due to financial constraints. Month to month, too many are forced to choose between buying groceries and paying the rent.

A CHANGED LIFE

"My financial problems were an incredible source of stress. Reaching out for help was very difficult, but when I walked into a United Way funded agency, I was welcomed without judgement and questions. The support I received from the community made an incredible difference. I was able to access fresh food and a community cooking program, that put me back on my feet and able to move forward with my life."
– program participant



Here's how your local love helps us tackle #UNIGNORABLE issues:



\$25

provides an in-home rehabilitative exercise program for a senior, to help them regain their health and independence.



\$100

provides a single walk-in counselling session for someone experiencing a mental health crisis.



\$365

provides three months of fruit and vegetables for a family of four struggling to put food on their table.