



NEED HELP? DIAL 2-1-1



Mental Health



Older Adults



Francophone



Homelessness



Housing



2SLGBTQIA+



Disabilities



Financial Assistance



Newcomers



Food Insecurity



Emergency/
Crisis



First-Aid



Government/
Legal



Employment



Family Services
Youth

Dial 2-1-1



HELP STARTS HERE



United Way
Guelph Wellington
Dufferin