

Every donation counts - no matter the amount!

Together, better is possible.



Provides a child living in Wellington County with a backpack and school supplies for the fall.

\$25



Ensures 4 non-English speaking clients have access to translation services for doctor's appointments.

\$100



Will cover the cost of needed devices to allow an adult or senior with a disabilities to be independent in their own home.

\$365



Provides 6 months of transportation to & from a 2SLGBTQ+ support group for a youth in rural Dufferin County.

\$500



Will provide 1 week of healthy, nutritious food for the North End Harvest Market, which serves over 100 families.



#### Healthy People, Thriving Communities

Every donation counts - no matter the amount! Together, better is possible.



Provides a child living in Wellington County with a backpack and school supplies for the fall.

\$25



Helps a couple to attend a support session for those caring for a family member living with dementia. This will help improve communications and relationships at home.

\$100



Purchases 2-3 sessions of brief therapy for one client to help them cope with mental health struggles.

\$365



Covers a one month stay at a residential support program for a new mom with no where else to go.

\$500



Assists someone who is struggling to pay their monthly rent or hydro bill due to unforeseen circumstances.



#### **Rural Communities**



Every donation counts - no matter the amount!

Together, better is possible.



Provides a survivor of abuse with a woman's self care package, journal, wellness, and education handouts.

\$25



Provides 5 craft and supply packs for visit with a child and their mentor to encourage the child's creativity.

\$100



Will allow someone dealing with substance use the opportunity to access addiction counselling and support.

\$365

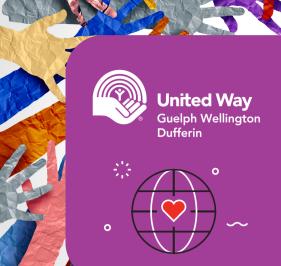


Covers a community training on domestic violence or sexual violence.

\$500



Will deliver food hampers for half a year to seniors or people with a disability who do not have access to transportation.



Equity, Diversity, and Inclusion

Every donation counts - no matter the amount! Together, better is possible.



Helps cover groceries for a a learning program to give folks with disabilities the opportunity to practice cooking & kitchen safety skills, while also providing them lunch for the day.

\$25



Offers 2 hours of individualized support for a black child or youth struggling with the impact of racialized trauma.

\$100



Provides local employers with resources to help them build upon their recruitment, workplace, and staff retention practices for BIPOC, and 2SLGBTQIA+ youth.

\$365



Goes towards purchasing healthy, nutritious food that is delivered to a local family with no means of transportation.

\$500



Covers 1 year of a monthly 2SLGBTQIA+ caregiver support group, led by a parent with lived experience.