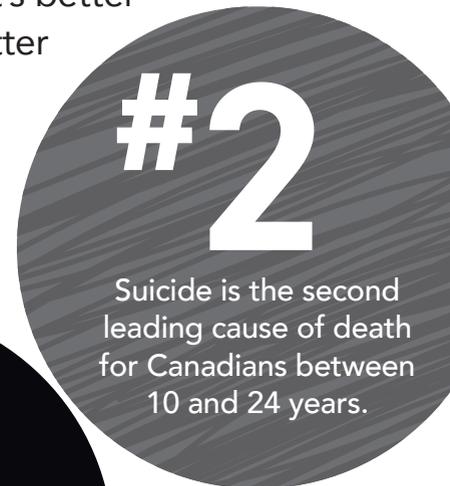


BETTER IS POSSIBLE AND THERE'S NO BETTER TIME THAN NOW.

Lately, life feels hard. World events feel overwhelming. Inequalities are growing. Rising costs and inflation are stressful. Our mental health is struggling and sometimes we can feel more alone than ever.

Some days, we may wonder – will things get better?

Yes. Better is possible. We can build a community that is rich in compassion and empathy, understanding and hope. We can help each other live better lives – because what's better for you, is better for everyone.



SHOW YOUR LOCAL LOVE AND DONATE TODAY.

It's time for better. Your actions will make a difference and fuel community change across Guelph, Wellington, Dufferin.

- **Contribute through payroll deduction** at your workplace.
- **Authorize monthly donations** from your credit card or bank account.
- **Give a one-time donation** by cash, cheque or credit card.
- **Donate by mail, phone or online** at unitedwayguelph.com/donate



85 Westmount Road, Guelph, ON N1H 5J2
T: 519-821-0571
info@unitedwaygwd.com

unitedwaygwd.com

Registered Charitable Number: 10745 7053 RR0001

With thanks to our sponsor Cargill

WE CAN BETTER.

#betterispossible



United Way
Guelph Wellington
Dufferin

100% LOCAL

At United Way we believe better is possible. We are uniquely able to focus and unite people and resources to improve lives, build community and create lasting, positive change. We believe our community and the people in it matter and know that we can help each other live better lives.

United Way has been at the intersection of community services for over 80 years. We're addressing the root causes of poverty, ensuring families and individuals have the financial, social and personal assets they need to improve their quality of life. We're building strong, supportive, and inclusive communities that are vital for all of us to thrive. And we're ensuring children and youth have an opportunity to recognize their limitless potential, by giving them more tools to build emotional wellbeing and resiliency.

We are thinking and acting radically local, with the goal of solving local problems with local solutions and empowering those closest to the issues.

WE ARE READY FOR BETTER. ARE YOU?

WHAT YOUR LOCAL LOVE CAN DO



\$25

buys a nutritious food basket for one individual, including fresh fruit & vegetables, canned protein, eggs, pasta, skim milk powder, cheese and cereal.



\$100

provides 2 hours of individualized outreach support for a black child or youth struggling with the impact of racialized trauma.



\$500

provides an individual with a course of brief therapy to help them cope with their mental health struggles.



\$365

covers the cost of needed devices to allow an adult or senior with a disability to be independent in their own home.



\$1200

supports one child in a mentorship program for an entire year, to help them build healthy relationships and grow self-esteem and connection.

LEAD THE WAY

As one of United Way's Leadership donors, you are inspiring change for thousands of people in our community. Being a Leadership donor has nothing to do with your job or how much money you make. At United Way, a leader cares, wants to make a difference and understands what a tremendous difference a donation at this level (\$1,200 or more) can make.

As a Leadership donor, you'll be a driving force behind United Way's work in the community. Depending on your level of giving, we offer benefits to match, including recognition, invitations to see your donations at work and great tax incentives.



Making a Leadership gift is easy:

- If your company runs a workplace campaign, participate in the payroll deduction plan at the \$24 per week level.
- Authorize monthly donations from your credit card or chequing account at the \$100 per month level.
- Give a one-time donation by cash, cheque or credit card. You can donate by mail, phone or online.