United Way
Guelph Wellington
Dufferin

United for GOOD.

Impact of $1

Every donation counts - no matter the amount!
Together, better is possible.



Provides a food hamper of bread, milk and eggs for a family of four.

$25



Provides a 1 hour counselling session to a survivor of sexual assault.

$100



Provides a young person who is transitioning to independent living with essential household items, such as cleaning supplies and toiletries.

$365



Covers the cost of transportation and snacks for children attending summer camp to participate in a field trip.

$500



Covers one month of rent and utilities for an alternative education classroom serving at-risk youth.

$1,200

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Equity, Diversity & Inclusion

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Provides an hour of tutoring to a newcomer student to help them develop English language skills.

$25



Covers one hour of individualized support or a Black student or youth affected by racialized trauma.

$100



Covers the cost of transportation for 2SLGBTQIA+ youth to attend a peer mentorship group that fosters self-esteem, belonging, and community.

$365



Covers the cost of community training on domestic violence, sexual violence and/or human trafficking.

$500



Provides a tablet to a newcomer student, allowing them to participate in online tutoring and language sessions.

$1,200

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Rural Communities

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Provides a client living in rural areas, 2 round-trips to a local hospital to receive medical treatment.

$25



Covers the transportation costs for a spouse to visit their loved one in long-term care over a two-week period.

$100



Covers one month's worth of healthy snacks at a Youth Wellness Hub, helping young people focus on school, participate in extracurricular activities, and feel supported.

$365



Provides homework and academic suppot for 10 youth, helping them to build skills, stay engaged in school and feel proud of their achievements.

$500



Covers a full session of parenting workshops for 200 parents and guardians, building parenting skills and strengthening families.

$1,200



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All That Kids Can Be

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Covers one week of bus rides for at-risk youth to attend high school.

$25



Covers five weeks of one-on-one tutoring to help a child improve reading and numeracy skills.

$100



Provides three children with snowsuits and winter boots so they can stay warm and experience winter with dignity and inclusion.

$365



Supplies two households with food hampers for one month, providing immediate and reliable support to families experiencing food insecurity.

$500



Provides 1 year of trauma-informed services for a young victim of crime and their caregiver while they navigate the criminal justice system.

$1,200

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From Poverty To Possibility

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Provides transportation for a tenant in permanent supportive housing to attend essential appointments.

$25



Provides school supplies to a young person experiencing homelessness helping them to return to school feeling prepared and ready to learn.

$100



Purchases 8 cases of oranges, providing an important source of vitamin B for individuals facing food insecurity.

$365



Provides a "Welcome Home Kit" to tenants moving into permanent supportive housing that includes basic cleaning supplies, bedding and kitchen supplies.

$500



Provides 80 Fresh Food Prescription boxes to households, supporting individuals with chronic health conditions related to poor diet.

$1,200

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Healthy People, Thriving Communities

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Purchases a phone card for a client so that they are able to stay connected to essential community services.

$25



Covers one week at basketball camp, helping a young person build leadership skills and confidence.

$100



Provides a month of group counselling to new mothers, giving them a safe space to build skills, reduce isolation and connect with other new moms.

$365



Covers the cost of a 1 month's worth of gas for a community health van that serves unhoused clients in Wellington County.

$500



Provides 1-on-1 counselling to 1 new mother for a year, helping them to address trauma, anxiety, depression, parenting stress and other challenges.

$1,200